

CONNECTICUT PUBLIC SCHOOLS ROWING ASSOCIATION

SPRINTS CHAMPIONSHIP -- LAKE WARAMAUG, CT

May 21, 2023

Definitive Schedule is set at Coaches' /Coxswain Meeting @ 8:00 AM

Coaches & Referees will meet at the beach after the regatta.

RACE	TIME	EVENT	LEVEL	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
<i>Heats - Progression to finals is: top three to final,</i>					<i>For the Novice 8's - Progression will be Top 2, next 2 Fastest Times</i>				
1	9:00	1st Novice Girls Eight	Heat 1		Avon	Farmington	Simsbury	Middletown	
					06:39.7	06:23.1	06:45.0	07:30.6	
2	9:10	1st Novice Girls Eight	Heat 2		Stonington	East Lyme	Glastonbury	EO Smith	
					06:39.7	06:11.2	06:07.2	07:23.5	
3	9:20	1st Novice Boys Eight	Heat 1		Avon	Stonington	Glastonbury	Lewis Mills	
					05:56.3	05:42.0	05:53.9	06:30.2	
4	9:30	1st Novice Boys Eight	Heat 2		Farmington	Simsbury	East Lyme	Guilford	
					05:52.3	05:53.8	05:48.7	06:03.4	
5	9:40	1st Girls Eight	Heat 1		Guilford	East Lyme	Simsbury	EO Smith	
					06:03.1	05:52.2	05:58.0	06:24.3	
6	9:50	1st Girls Eight	Heat 2		Farmington	Glastonbury	Stonington	Avon	
					06:14.8	05:59.8	06:08.0	06:30.3	
7	10:00	1st Boys Eight	Heat 1	Middletown	Lyme/Old Lyme	Stonington	East Lyme	Glastonbury	
				06:03.1	05:32.5	05:17.7	05:22.5	05:21.8	
8	10:10	1st Boys Eight	Heat 2	EO Smith	Guilford	Farmington	Simsbury	Avon	
				05:38.1	05:10.4	05:10.7	05:06.3	05:11.9	
9	10:20	3rd Girls Four	Final		Valley Regional "B"	Valley Regional	Lyme/Old Lyme		
					07:24.5	07:03.1	07:07.3		
10	10:30	1st Novice Girls Four	Final		Lewis Mills	Guilford	Lyme/Old Lyme		
					07:14.8	06:56.4	08:07.4		
11	10:40	1st Novice Boys Four	Final		Middletown	Avon	Lyme/Old Lyme		
					06:59.5		06:41.6		
12	10:50	3rd Girls Eight	Final		Farmington	Glastonbury	East Lyme		
					06:37.8	06:13.7	06:33.7		
13	11:00	3rd Boys Eight	Final			Glastonbury	Farmington		
						05:32.8	05:41.4		
14	11:10	2nd Girls Four	Final		EO Smith	Lyme/Old Lyme	Valley Regional		
						06:33.1	06:57.8		
15	11:20	2nd Boys Four	Final		Lewis Mills	Valley Regional			
					06:14.7	06:33.6			

LUNCH BREAK 11:20 - 12:10 boats may start launching at 12:20

Lane Assignments for Finals with Heats				3rd Heat 1	2nd Heat 2	1st Heat 1	1st Heat 2	2nd Heat 1	3rd Heat 2
Lane Assignments for Finals with Petites				6th Heat 1	5th Heat 2	4th Heat 1	4th Heat 2	5th Heat 1	6th Heat 2
Lane Assignments for Novice 8's				1st Fastest Time	2nd Heat 2	1st Heat 1	1st Heat 2	2nd Heat 1	2nd Fastest Time
16	12:50	1st Novice Girls Eight	Final	Stonington	East Lyme	Farmington	Glastonbury	Avon	Simsbury
				06:55.0	06:12.2	06:19.6	06:16.3	06:46.3	06:50.2
17	1:00	1st Novice Boys Eight	Final	Simsbury	Farmington	Stonington	East Lyme	Glastonbury	Avon
				06:21.4	06:05.7	05:51.4	06:02.0	06:12.0	06:16.4
18	1:10	2nd Girls Eight	Final	Guilford	Simsbury	Glastonbury	East Lyme	Farmington	
				06:51.3	06:19.9	05:59.9	06:07.7	06:53.9	
19	1:20	2nd Boys Eight	Final	East Lyme	Farmington	Stonington	Glastonbury	Simsbury	Avon
				05:41.1	05:27.6	05:16.9	05:23.6	05:40.7	06:04.6
20	1:30	1st Girls Fours	Final	Middletown	Avon	Lyme/Old Lyme	Valley Regional	Lewis Mills	EO Smith
				07:00.8	06:57.7	06:36.7	07:13.3	07:09.4	10:02.1
21	1:40	1st Boys Fours	Final	Lewis Mills	Valley Regional	Lyme/Old Lyme	Middletown	EO Smith	Guilford
				06:11.0	05:55.8	06:15.4	05:37.5	05:59.8	06:36.7
22	1:50	1st Girls Eight	Petite			EO Smith	Avon		
						06:27.6	06:18.0		
23	2:00	1st Boys Eight	Petite		EO Smith	Lyme/Old Lyme	Avon	Middletown	
						05:33.8	05:19.5	06:00.0	
24	2:10	1st Girls Eight	Final	Guilford	Stonington	East Lyme	Glastonbury	Simsbury	Farmington
				05:52.8	05:50.9	05:40.3	05:47.9	05:49.1	06:02.9
25	2:20	1st Boys Eight	Final	East Lyme	Guilford	Stonington	Simsbury	Glastonbury	Farmington
				05:06.0	05:16.9	05:06.4	05:04.1	05:16.7	05:07.9

MEDALS AND TEAM TROPHY'S WILL BE PRESENTED FOLLOWING THE FINAL RACE UP ON THE HILL NEAR THE TRAILERS

Emerson Cup		Perry Plate	
East Lyme	96	Middletown	42
Glastonbury	88	Lyme/Old Lyme	35
Simsbury	55.5	Valley Regional	27
Stonington	48.5	Avon	24
Farmington	27.5	Lewis Mills	16
Guilford	6.5	EO Smith	13.5
Avon	4	Guilford	11.5