

Seventeenth Annual Kennebec Row 5K

Skowhegan, Maine

July 21, 2012

Sponsored by Maine Rowing Association (<http://www.rowmaine.org/>)

5,000+ meter (3+ mile) stake race with starts approximately every 15 seconds

Conditions: 79 degrees; 45% relative humidity; clear; light southwest breeze; average current.

Picnic Menu: Main course – chicken salad (baked chicken breasts, pecans, celery, red grapes and homemade gorgonzola mayonnaise); taboule wheat salad with tomatoes, lemon and fresh garden mint; and green bean, corn, tomato and basil salad with homemade malt vinegar vinaigrette dressing; green grapes, strawberries, watermelon and cantaloupe; assortment of large espresso dark chocolate chip, ginger snap, chocolate chip and oatmeal raisin cookies from Slate's Bakery; lemonade, fresh brewed iced tea and water.

ROWING RESULTS

17 Registered Racers, less three scratches, for 14 racing singles

Racing Singles: Women

	<i>Unadjusted Time</i>	<i>Place</i>
Catherine Sutherland	22:55.5	1
Peggy Sadler	26:28.2	2

Recreational Singles: Youth

	<i>Unadjusted Time</i>	<i>Place</i>
Nate Williamson	DNS	

Racing Singles: Men ~ Masters B (45-54)

	<i>Unadjusted Time</i>	<i>Place</i>
David Lilly	20:04.1	1
Mike Totta	20:48.6	2
Charlie Carr	21:48.5	3
Jeff Graham	24:06.2	4

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ROWING RESULTS (cont'd)**

Racing Singles: Men ~ Masters C (55-64)

	<i>Unadjusted Time</i>	<i>Place</i>
Larry Tait	21:26.5	1
Tom Cattell	22:12.6	2
Don Seales	23:26.2	3
Jamie Pitney	23:36.7	4
Brook Sulloway	24:48.7	5
Stu Miller	DNS	

Racing Singles: Men ~ Masters D (65 and up)

	<i>Unadjusted Time</i>	<i>Place</i>
Pen Williamson	24:26.7	1
Jim Wescott	24:45.5	2
Jeff Foltz	26:07.0	3
Doug Richmond	DNS	

Order of Finish of All Men's Racing Singles: Adjusted Times

	<i>Adjusted Time</i>	<i>Place</i>
David Lilly	19:18.1	1
Mike Totta	19:46.6	2
Larry Tait	20:14.5	3
Tom Cattell	20:54.6	4
Charlie Carr	21:00.5	5
Pen Williamson	21:35.7	6
Jamie Pitney	21:42.7	7
Don Seales	21:56.2	8
Jim Wescott	22:09.5	9
Jeff Graham	23:04.2	10
Brook Sulloway	23:36.7	11
Jeff Foltz	23:46.0	12
Stu Miller	DNS	
Doug Richmond	DNS	

Order of Finish of All Women's Racing Singles: Adjusted Times

	<i>Adjusted Time</i>	<i>Place</i>
Catherine Sutherland	22:16.5	1
Peggy Sadler	23:37.2	2