Fourteenth Annual Kennebec Row 5K

Skowhegan, Maine

July 11, 2009

Sponsored by Maine Rowing Association

5,000+ meter (3+ mile) stake race with starts every 15 seconds

<u>Conditions</u>: 73 degrees; 60% relative humidity; hazy with clouds; unusually choppy water due to atypical breeze building to 15 knots from southeast against above-average current.

<u>Picnic Menu</u>: Main course – chilled cucumber soup with dill and smoked salmon; tarragon chicken salad; chick pea salad with sun dried tomatoes, parsley and lemon; green salad; strawberries, blueberries, grapes, watermelon and cantaloupe; French Peasant Bread and Rosemary Bread from Borealis Breads; large cookies (chocolate chip, oatmeal raisin, ginger snap and espresso chocolate chip) and brownies from Slate's Bakery; iced tea, lemonade, water and a few beers.

ROWING RESULTS

17 Racers in 16 Boats

Racing Singles: Women ~ Masters A-B (35-54)

	Unadjusted Time	Place
CC Stockly	28:15.6	1
Nancy Fischman	29:20.5	2

Racing Singles: Women ~ Masters D (65 and up)

	Unadjusted Time	Place
Peggy Sadler	48:08.2	1

Doubles: Father & Son

	Unadjusted Time	Place
Abe Checkoway & Bob Checkoway	28:31.4	1

Racing Singles: Men ~ Masters A-B (35-54)

	Unadjusted Time	Place
Mike Totta	23:07.9	1
David Lilly	23:21.6	2
Charlie Carr	28:54.7	3

Fourteenth Annual Kennebec Row 5K Skowhegan, Maine July 11, 2009 <u>ROWING RESULTS (cont'd)</u>

Racing Singles: Men ~ Masters C (55-64)

	Unadjusted Time	Place
Paul Gross	25:08.9	1
Stu Miller	25:41.8	2
Jeff Foltz	27:59.0	3
Charlie Putnam	29:31.9	4
Bob Perkins	30:21.1	5
Jamie Pitney	33:41.8	6

Racing Singles: Men ~ Masters D (65 and up)

	Unadjusted Time	Place
Pete Donaghy	27:02.8	1
Doug Richmond	33:05.3	2
Steve Collins	45:17.5	3

Order of Finish of All Men's Racing Singles: Handicapped Times

	Handicapped Time	Place
Mike Totta	22:19.9	1
David Lilly	23:03.6	2
Paul Gross	23:44.9	3
Stu Miller	23:59.8	4
Pete Donaghy	24:56.8	5
Jeff Foltz	25:59.0	6
Charlie Putnam	28:13.9	7
Charlie Carr	28:19.7	8
Bob Perkins	28:57.1	9
Doug Richmond	29:59.3	10
Jamie Pitney	32:05.8	11
Steve Collins	42:18.5	12

Order of Finish of All Women's Racing Singles: Handicapped Times

	Handicapped Time	Place
CC Stockly	27:51.6	1
Nancy Fischman	28:59.5	2
Peggy Sadler	45:39.2	3