

Darrell Winslow Regatta

Heat Sheet - April 8, 2023

Parking: [South County High School](#)

Price William County (#) - [Coaches Ranking](#) Fairfax County/Grandstand

#	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
1	9:00	M -1 - 8+		Oakton	St. Albans	Fairfax		
		Place		3	1	2		
		Split		00:26.0	00:00.0	00:19.0		
		Time		05:14.3	04:48.3	05:07.3		
2	9:08	M -1 - 8+		Langley	Madison	W. Springfield	W. Potomac	
		Place		3	1	2	4	
		Split		00:16.0	00:00.0	00:04.9	00:19.4	
		Time		05:06.0	04:50.0	04:54.9	05:09.4	
3	9:16	W -1 - 4+		E Seton	Oakton	Forest Park		
		Place		2	1	3		
		Split		00:12.0	00:00.0	00:25.5		
		Time		06:18.9	06:06.9	06:32.4		
4	9:24	W -1 - 4+		Granby	W. Springfield	L. Braddock	Westminster	
		Place		3	1	2	EXH	
		Split		00:21.2	00:00.0	00:17.6	00:14.2	
		Time		06:41.0	06:19.8	06:37.4	06:34.0	
5	9:32	W - N - 8+	W. Springfield	Oakton	Westminster	E Seton	Forest Park	S. County
		Place	3	5	4	6	2	1
		Split	00:17.7	00:25.5	00:21.0	01:08.2	00:12.2	00:00.0
		Time	06:32.8	06:40.6	06:36.1	07:23.3	06:27.3	06:15.1
6	9:40	W - 1 - 8+	W. Potomac	Madison	NCS	Langley	S. County	
		Place	5	3	1	2	4	
		Split	00:47.0	00:10.9	00:00.0	00:06.9	00:13.4	
		Time	06:15.0	05:38.9	05:28.0	05:34.9	05:41.4	
7	9:48	M - 2 - 8+	Oakton	Langley	St. Albans	Madison	W. Springfield	W. Potomac
		Place	5	3	1	2	4	6
		Split	00:38.0	00:14.3	00:00.0	00:01.2	00:16.0	01:04.0
		Time	05:29.1	05:05.4	04:51.1	04:52.3	05:07.1	05:55.1
8	9:56	W - 3 - 8+		Langley	NCS	W. Potomac	Langley	
		Place		3	1	4	2	
		Split		00:34.2	00:00.0	01:42.3	00:07.1	
		Time		06:26.5	05:52.3	07:34.6	05:59.4	
9	10:04	M - Fr - 8+			Madison	St. Albans	Langley	
		Place			3	2	1	
		Split			00:20.1	00:17.7	00:00.0	
		Time			05:41.1	05:38.7	05:21.0	
10	10:12	W - Fr - 8+			L. Braddock	Langley	NCS	
		Place			2	1	Excluded	
		Split			00:07.1	00:03.5	00:00.0	
		Time			06:24.9	06:21.3	06:17.8	
11	10:20	M-JR-8			S. County	L. Braddock		
		Place			1	2		
		Split			00:00.0	00:19.1		
		Time			04:53.6	05:12.7		
12	10:28	M - N - 8+	Gloucester	Forest Park	W. Springfield	W. Potomac	L. Braddock	
		Place	5	3	1	4	2	
		Split	00:53.4	00:27.9	00:00.0	00:43.5	00:03.5	
		Time	06:21.4	05:55.9	05:28.0	06:11.5	05:31.5	
13	10:36	W - Jr 8+	S. County	L. Braddock	Fairfax	Westminster	Madison	Granby
		Place	1	2	3	5	6	4
		Split	00:00.0	00:03.3	00:04.0	00:09.7	00:16.5	00:07.5
		Time	05:53.2	05:56.5	05:57.2	06:02.9	06:09.7	06:00.7
14	10:44	W - 2 - 8+		W. Potomac	NCS	Langley		
		Place		3	1	2		
		Split		00:47.1	00:00.0	00:16.9		
		Time		06:30.2	05:43.1	06:00.0		
15	10:52	M - 3 - 8+		Langley	St. Albans	Langley	Madison	
		Place		4	1	3	2	

		Split		01:14.9	00:00.0	00:12.4	00:06.7	
		Time		06:23.9	05:09.0	05:21.4	05:15.7	
16	11:00	W - 1x			Hylton	Potomac Sch	Hylton	
		Place			3	1	2	
		Split			01:21.6	00:00.0	01:11.3	
		Time			08:13.8	06:52.2	08:03.5	
17	11:08	M-1x/2x	Hylton	Potomac			Robinson	Potomac
		Place	2	3			1	4
		Split	00:44.4	00:44.8			00:00.0	02:59.5
		Time	06:37.1	06:37.5			05:52.7	08:52.2
18	11:16	W - 2x			Justice	Justice		
		Place			1	2		
		Split			00:00.0	00:31.4		
		Time			07:05.5	07:36.9		
19	11:24	W -1- 4x			Potomac	Justice	L. Braddock	
		Place			3	1	2	
		Split			00:19.4	00:00.0	00:09.2	
		Time			07:13.8	06:54.4	07:03.6	
20	11:32	M -1 - 4x	Hylton	Justice	Hylton	Justice	Justice	Justice
		Place	2	4	5	1	3	6
		Split	00:19.3	00:36.4	00:48.6	00:00.0	00:29.2	01:51.7
		Time	05:47.7	06:04.8	06:17.0	05:28.4	05:57.6	07:20.1
21	11:40	M - Jr - 4+	Granby	S. County	L. Braddock	Forest Park	Fairfax	Langley
		Place	1	3	6	4	2	5
		Split	00:00.0	00:28.8	00:58.1	00:42.8	00:06.0	00:53.4
		Time	05:44.7	06:13.5	06:42.8	06:27.5	05:50.7	06:38.1
22	11:48	M - 2- 4+			L. Braddock	S. County		
		Place			1	2		
		Split			00:00.0	00:17.2		
		Time			05:45.1	06:02.3		
23	11:56	W -2 - 4+	Forest Park	W. Springfield	E Seton	Oakton W-JR-4	Westminster W	
		Place	2	3	5	1	4	
		Split	00:05.6	00:12.6	01:30.5	00:00.0	00:26.5	
		Time	06:37.8	06:44.8	08:02.7	06:32.2	06:58.7	
24	12:04	M - N - 4+		Osborn Park	S. County	W. Springfield	Madison	
		Place		3	4 (Relegated)	1	2	
		Split		00:44.8	00:37.0	00:00.0	00:32.5	
		Time		07:17.0	07:09.2	06:32.2	07:04.7	
25	12:12	W - N - 4+	Osborn Park	Westminster	W. Springfield	E Seton	Gloucester	
		Place	3	2	1	DNS	4	
		Split	01:05.8	00:17.4	00:00.0		01:12.2	
		Time	07:46.7	06:58.3	06:40.9		07:53.1	
26	12:20	M - 1 - 4+	Forest Park	L. Braddock	S. County	Oakton	Granby	
		Place	4	3	2	1	5	
		Split	00:18.1	00:13.3	00:02.5	00:00.0	01:07.7	
		Time	05:55.6	05:50.8	05:40.0	05:37.5	06:45.2	
27	12:28	W -1 - 4+		L. Braddock	Oakton	W. Springfield	E Seton	Westminster
		Place		4	1	2	3	EXH
		Split		00:25.8	00:00.0	00:03.9	00:17.6	00:27.9
		Time		06:34.7	06:08.9	06:12.8	06:26.5	06:36.8
28	12:36	M -1 - 8+		W. Springfield	St. Albans	Madison	Fairfax	Langley
		Place		3	1	2	4	5
		Split		00:06.6	00:00.0	00:05.1	00:26.1	00:26.5
		Time		04:45.3	04:38.7	04:43.8	05:04.8	05:05.2