



ONTARIO ERGOMETER CHAMPIONSHIPS  
March 2, 2013



1 - Jr. High School Men

Place	Athlete	Affiliation	Time	Pace
1	Tavares, Nicholas	E.L. Crossley	06:50.2	01:42.6
2	Gadsdon, Luke	Unaffiliated	06:53.0	01:43.2
3	McKenzie, Simon	Upper Canada	06:58.1	01:44.5
4	Simpson, Greg	Saint Paul	07:03.2	01:45.8
5	Stackhouse, Matthew	Upper Canada	07:03.3	01:45.8
6	Gatke, Josh	Ridley	07:03.7	01:45.9
7	Guzman, Antonio	Canisius	07:05.4	01:46.3
8	Jerge, Elliott	Canisius	07:15.8	01:49.0
9	Mijutovic, Evren	Grimsby	07:16.3	01:49.1
10	Warren, Theo	Ridley	07:16.4	01:49.1
11	McGroder, Brendan	Canisius	07:17.3	01:49.3
12	Holjevac, Tyler	Blessed Trinity	07:18.6	01:49.6
13	Howes, Carmichael	Unaffiliated	07:19.7	01:49.9
14	O'Rourke, Andres	Ridley	07:19.8	01:49.9
15	Slack, Jacob	Grimsby	07:20.8	01:50.2
16	Gianetto-Hill, Connor	Saint Paul	07:22.5	01:50.6
17	Fisher, Marc	A.N. Myer	07:24.7	01:51.2
18	Barlow, Bryce	E.L. Crossley	07:26.9	01:51.7
19	Hanes, Hendrix	E.L. Crossley	07:28.2	01:52.1
20	Kesteloot, Cole	Catholic Central	07:34.2	01:53.6
21	Klerks, Makenzie	Denis Morris	07:36.4	01:54.1
22	Sullivan, Tim	Ridley	07:36.4	01:54.1
23	Cartier, Braden	Saint Paul	07:39.1	01:54.8
24	Stamatakos, Johnny	A.N. Myer	07:39.2	01:54.8
25	Wang, William	Ridley	07:42.1	01:55.5
26	McCombs, Ian	Canisius	07:42.2	01:55.5
27	Kaiser, Jacob	St. Francis	07:44.1	01:56.0
28	Leone, Pietro	Saint Paul	07:44.6	01:56.1
29	Maxwell, Luke	Canisius	07:47.1	01:56.8
30	Ziemann, Jack	Canisius	07:49.2	01:57.3
31	Cupillari, Gregory	Upper Canada	07:50.1	01:57.5
32	Scott, Vaughn	St. Marys	08:00.9	02:00.2
33	DiLoreto, Nick	Hillfield-Strathallan	08:09.0	02:02.3
34	Meyer, Zachary	Notre Dame	08:14.5	02:03.6





# ONTARIO ERGOMETER CHAMPIONSHIPS

March 2, 2013



## 2 - JR HS WOMEN

Place	Athlete	Affiliation	Time	Pace
<b>1</b>	<b>Wijbenga, Marta</b>	<b>Branksome Hall</b>	<b>07:38.8</b>	01:54.7
<b>2</b>	<b>Brzozowski, Grace</b>	<b>Mercyhurst Prep.</b>	<b>07:52.6</b>	01:58.2
<b>3</b>	<b>O'Donohue, Lauren</b>	<b>Branksome Hall</b>	<b>07:53.3</b>	01:58.3
<b>4</b>	<b>O'Donohue, Erin</b>	<b>Branksome Hall</b>	<b>08:00.6</b>	02:00.1
<b>5</b>	<b>Williamson, Heather</b>	<b>Denis Morris</b>	<b>08:01.9</b>	02:00.5
<b>6</b>	<b>Schmitt, Allison</b>	<b>Nardin</b>	<b>08:02.3</b>	02:00.6
<b>7</b>	<b>Derksen, Aly</b>	<b>Grimsby</b>	<b>08:02.8</b>	02:00.7
<b>8</b>	<b>Johnson, Taylor</b>	<b>Amherst</b>	<b>08:04.3</b>	02:01.1
<b>9</b>	<b>Lister, Erika</b>	<b>Sacred Heart</b>	<b>08:07.7</b>	02:01.9
<b>10</b>	<b>vanderZalm, Paulina</b>	<b>Holy Cross</b>	<b>08:10.5</b>	02:02.6
11	Roussy, Sophie	Branksome Hall	08:10.8	02:02.7
12	McLean, Marnie	Saint Paul	08:16.5	02:04.1
13	Bridgland, Kennedy	E.L. Crossley	08:17.9	02:04.5
14	Fisher, Maggie	Havergal College	08:18.2	02:04.6
15	Stevens, Samantha	E.L. Crossley	08:18.6	02:04.7
16	Fischer, Kailey	Mother Teresa	08:19.2	02:04.8
17	Gamble, Lauren	A.N. Myer	08:20.2	02:05.1
18	Mamic, Ivana	St. Francis	08:21.9	02:05.5
19	Foden, Christina	St. Marys	08:23.7	02:05.9
20	Murray, Lauren	Nardin Academy	08:25.1	02:06.3
21	Galloway, Joslyn	Blessed Trinity	08:27.7	02:06.9
22	Coates, Zoe	Branksome Hall	08:28.6	02:07.1
23	Lopers, Gabby	A.N. Meyer	08:28.7	02:07.2
24	Palmer, Lauren	Mother Teresa	08:29.2	02:07.3
25	Helmkay, Madi	E.L. Crossley	08:31.7	02:07.9
26	Stevenson, Tiffany	St. Francis	08:33.3	02:08.3
27	Geris, Marisa	Mother Teresa	08:35.0	02:08.8
28	DeLellis, Nicole	Mother Teresa	08:39.5	02:09.9
29	D'Ambrosi, Daniela	Hillfield-Strathallan	08:41.5	02:10.4
30	Johnstone, Nikki	Notre Dame	08:42.5	02:10.6
31	Willms, Alyssa	Eden	08:42.9	02:10.7
32	Vachon, Emily	Notre Dame	08:43.0	02:10.8
33	Bagshawe, Olivia	Denis Morris	08:44.6	02:11.1
34	Jesik, Katelyn	Notre Dame	08:46.3	02:11.6
35	Sapienza, Sabrina	Governor Simcoe	08:49.4	02:12.3
36	Cournoyea, Olivia	Saint Michael	08:56.7	02:14.2
37	Vujovic, Nina	Hillfield-Strathallan	08:56.8	02:14.2
38	Bennett, Katie	Trafalgar Castle	08:59.2	02:14.8
39	Dickey, Ceara	Grimsby	09:01.8	02:15.5
40	Archer, Allison	Denis Morris	09:03.8	02:16.0
41	Bearisto, Erica	St. Francis	09:04.2	02:16.0





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42	McMillan, Jenna	Havergal College	09:05.0	02:16.3
43	Vickers, Tegan	West Park	09:07.9	02:17.0
44	Maclean, Carolyn	West Park	09:10.5	02:17.6
45	Lynch, Arielle	Trafalgar Castle	09:12.6	02:18.1
46	Tacinelli, Juliana	Saint Michael	09:19.8	02:19.9
47	Roy, Shannon	Denis Morris	09:20.7	02:20.2
48	Egger, Amanda	A.N. Myer	09:20.9	02:20.2
49	Marr, Kirsten	Notre Dame	09:29.4	02:22.3
50	Abuzgaya, Malak	Trafalgar Castle	09:35.2	02:23.8
51	Jansen, Sara	Notre Dame	09:35.8	02:23.9
52	Charlton, Chloe	West Park	09:44.5	02:26.1
53	Williscraft, Sarah	Blessed Trinity	09:46.9	02:26.7
54	MacNeil, Emily	West Park	09:47.5	02:26.9
55	Battista, Marisa	E.L. Crossley	10:07.0	02:31.7

## 3 - JR HS MEN 150#

Place	Athlete	Affiliation	Time	Pace
1	<b>Moll, Brandon</b>	<b>Saint Paul</b>	<b>06:59.9</b>	01:45.0
2	<b>Smith, Elliot</b>	<b>Hillfield-Strathallan</b>	<b>07:02.2</b>	01:45.5
3	<b>Koabel, Dane</b>	<b>Jean-Vanier</b>	<b>07:07.8</b>	01:46.9
4	<b>Braun, Ethan</b>	<b>Eden</b>	<b>07:08.1</b>	01:47.0
5	<b>Guhl, Brayston</b>	<b>St. Francis</b>	<b>07:13.6</b>	01:48.4
6	<b>Voelkner, Owen</b>	<b>Sir Winston</b>	<b>07:14.8</b>	01:48.7
7	<b>Ralph, Brooks</b>	<b>Upper Canada</b>	<b>07:16.0</b>	01:49.0
8	<b>Corr, Braeden</b>	<b>A.N. Myer</b>	<b>07:18.2</b>	01:49.6
9	<b>Eizenga, AJ</b>	<b>Sir Winston</b>	<b>07:18.5</b>	01:49.6
10	<b>Givertz-Steel, Jacob</b>	<b>Upper Canada</b>	<b>07:18.5</b>	01:49.6
11	Powell, Alex	Saint Michael	07:18.7	01:49.7
12	Froese, Jacob	E.L. Crossley	07:21.0	01:50.2
13	Kabel, Marcus	Denis Morris	07:22.0	01:50.5
14	Borowiak, Jack	Canisius	07:23.2	01:50.8
15	Pratt, Simon	Canisius	07:23.4	01:50.8
16	Robert, Kyle	Sir Winston	07:24.8	01:51.2
17	Dudzik, Gavin	E.L. Crossley	07:28.1	01:52.0
18	Braun, Michael	Canisius	07:28.3	01:52.1
19	Vickers, Liam	West Park	07:28.7	01:52.2
20	Wytrwal, Sebastian	St. Francis	07:29.3	01:52.3
21	Celestini, Chris	Sir Winston	07:30.2	01:52.6
22	LeClair, Steven	Grimsby	07:30.8	01:52.7
23	Woodcock, Cameron	Eden	07:30.9	01:52.7
24	Schnekenburger, Dj	Upper Canada	07:31.0	01:52.8
25	Ploquin-Lucas, Julian	E.L. Crossley	07:31.1	01:52.8
26	Griffith, James	Upper Canada	07:31.3	01:52.8





# ONTARIO ERGOMETER CHAMPIONSHIPS

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27	Principi, Sean	Grimsby	07:31.8	01:52.9
28	Trafagander, Charlie	Oakridge	07:32.2	01:53.1
29	Peck, Gordon	Upper Canada	07:32.7	01:53.2
30	Di Bari, Alessandro	St. Francis	07:32.9	01:53.2
31	Willoughby, Drew	Upper Canada	07:34.3	01:53.6
32	Orlando, Greg	Denis Morris	07:35.0	01:53.7
33	Stret, Daniel	Denis Morris	07:35.2	01:53.8
34	Fraser, Jordan	Grimsby	07:38.8	01:54.7
35	Fazzalari, Miles	Jean-Vanier	07:40.1	01:55.0
36	Hartman, Adrian	Notre Dame	07:40.3	01:55.1
37	Mercant, Nick	Blessed Trinity	07:40.6	01:55.1
38	Saxton, William	Sir Winston	07:40.6	01:55.2
39	Travis, Tyler	Notre Dame	07:40.6	01:55.1
40	Tye, Keaton	A.N. Myer	07:41.0	01:55.3
41	Kim, John	Denis Morris	07:41.4	01:55.3
42	Tukulj, Max	Upper Canada	07:42.8	01:55.7
43	Ruesen, Chris	Denis Morris	07:43.0	01:55.8
44	Lukaszczyk, Stefan	Notre Dame	07:43.9	01:56.0
45	Christakis, Basil	Canisius	07:45.4	01:56.3
46	Dottori, Jacob	Notre Dame	07:46.5	01:56.6
47	Girotti, Noah	Notre Dame	07:47.9	01:57.0
48	Smith, Andrew	Ridley	07:48.0	01:57.0
49	Coady, James	Upper Canada	07:48.1	01:57.0
50	Werstine, Jackson	London Central	07:48.4	01:57.1
51	Richter-Bisson, Zoltan	London Central	07:49.0	01:57.3
52	Davis, Josh	A.N. Myer	07:49.1	01:57.3
53	Egert, Eric	Welland Centennial	07:49.7	01:57.4
54	Kaplanak, Thomas	Blessed Trinity	07:50.5	01:57.6
55	Holloway, Hunter	Grimsby	07:50.6	01:57.6
56	Nord, Hunter	Upper Canada	07:51.5	01:57.9
57	Patrascu, Dennis	Grimsby	07:52.1	01:58.0
58	Goulet, Nicholas	St. Marys	07:52.5	01:58.1
59	Semko, Jack	Canisius	07:54.2	01:58.5
60	Ress, Matthew	Canisius	07:54.3	01:58.6
61	Marshall, Charlie	Upper Canada	07:54.5	01:58.6
62	Kara, Alykhan	Upper Canada	07:55.8	01:58.9
63	Mergelas, Ian	Upper Canada	07:56.0	01:59.0
64	Court, Luke	Ridley	07:56.2	01:59.1
65	Siemens, Mike	Eden	07:56.5	01:59.1
66	DaSilva, Matt	Ridley	07:56.8	01:59.2
67	Sweitzer, Ethan	Saint Michael	07:58.4	01:59.6
68	Linton, Noah	St. Marys	07:58.8	01:59.7
69	Haines, Nick	London Central	07:59.3	01:59.8
70	Malinski, Adam	St. Francis	07:59.4	01:59.8
71	Fleming, Sam	Upper Canada	08:01.0	02:00.3





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72	Baker, Stephan	Bishop Tonnos	08:01.6	02:00.4
73	Cebrynski, Jackson	Saint Michael	08:01.7	02:00.4
74	Johnstone, Thomas	London Central	08:01.9	02:00.5
75	Hvilivitzky, Noah	Saint Paul	08:02.2	02:00.6
76	VanDerLoos, Dylan	Denis Morris	08:02.2	02:00.6
77	Kropelin, Jimmy	Canisius	08:02.3	02:00.6
78	Peck, Andrew	Upper Canada	08:03.1	02:00.8
79	Youm, Richie	Saint Paul	08:03.3	02:00.8
80	DiFrusia, Adam	Ridley	08:04.2	02:01.1
81	Bridgman, Daniel	A.N. Myer	08:04.5	02:01.1
82	Davis, Kyle	Sir Winston	08:05.1	02:01.3
83	McColl, Carter	E.L. Crossley	08:06.8	02:01.7
84	Court, Ben	Ridley	08:06.9	02:01.7
85	Haas, Austin	North Collins	08:08.5	02:02.1
86	Peacock, Cameron	West Park	08:09.6	02:02.4
87	Humphrey, Isaac	Grimsby	08:10.2	02:02.6
88	HoPingKong, Michael	Upper Canada	08:11.1	02:02.8
89	Boisvert-Roy, Philippe	Unaffiliated	08:11.4	02:02.9
90	Hawkins, William	Saint Paul	08:12.7	02:03.2
91	Rattew, Arthur	Upper Canada	08:14.0	02:03.5
92	Weasner, Tyler	West Park	08:14.3	02:03.6
93	Mouradian, Cross	Saint Paul	08:17.2	02:04.3
94	Mullins, Matthew	Blessed Trinity	08:19.5	02:04.9
95	Parent, Joey	St. Marys	08:20.2	02:05.1
96	Ladore, Isaac	Oakridge	08:22.9	02:05.7
97	Iordache, Theodor	Upper Canada	08:23.6	02:05.9
98	Galway-Small, Nick	Welland Centennial	08:25.0	02:06.3
99	Mambella, Andrew	Blessed Trinity	08:26.2	02:06.5
100	Digenis, Jaydon	Ridley	08:26.6	02:06.7
101	Brooks, Tyler	A.N. Myer	08:27.3	02:06.8
102	Tsekrekos, Karl	Grimsby	08:27.7	02:06.9
103	Wynperle, Ben	Grimsby	08:28.4	02:07.1
104	Fiorella, Peter	Canisius	08:29.4	02:07.4
105	Rae, Brennan	Mother Teresa	08:37.7	02:09.4
106	Herman, John	Canisius	08:40.0	02:10.0
107	Mancuso, Dante	Saint Paul	08:41.1	02:10.3
108	Jones, Dylan	E.L. Crossley	08:42.5	02:10.6
109	McGeown, Michael	E.L. Crossley	08:45.4	02:11.4
110	Barkwell, Isaiah	Notre Dame	08:47.1	02:11.8
111	Schultz, Colin	Canisius	08:47.5	02:11.9
112	Raso, Riley	Notre Dame	08:52.1	02:13.0
113	Lanteigne, Addison	Denis Morris	08:53.9	02:13.5
114	Tutty, Matthew	Hillfield-Strathallan	09:01.3	02:15.3
115	Mandau, Lukas	Eden	09:14.7	02:18.7
116	Woods, Aidan	St. Francis	09:30.0	02:22.5





ONTARIO ERGOMETER CHAMPIONSHIPS  
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4 - JR HS MEN 165#

Place	Athlete	Affiliation	Time	Pace
1	<b>Kwitchoff, Charlie</b>	<b>Canisius</b>	<b>06:47.1</b>	01:41.8
2	<b>Andrews, Brandan</b>	<b>Denis Morris</b>	<b>06:49.9</b>	01:42.5
3	<b>Minor, Dylan</b>	<b>E.L. Crossley</b>	<b>06:55.4</b>	01:43.8
4	<b>Epp, Peter</b>	<b>E.L. Crossley</b>	<b>06:57.7</b>	01:44.4
5	<b>Penney, Wesley</b>	<b>Lasalle SS</b>	<b>07:00.2</b>	01:45.0
6	<b>Figueroa, Juan-Carlos</b>	<b>Denis Morris</b>	<b>07:03.1</b>	01:45.8
7	<b>Gearing, Danny</b>	<b>E.L. Crossley</b>	<b>07:03.6</b>	01:45.9
8	<b>Wallace, Griffin</b>	<b>Westdale</b>	<b>07:04.9</b>	01:46.2
9	<b>Sands, James</b>	<b>St. Francis</b>	<b>07:08.7</b>	01:47.2
10	<b>Kingdom, Theo</b>	<b>Upper Canada</b>	<b>07:11.0</b>	01:47.8
11	Findlay, Liam	Upper Canada	07:11.7	01:47.9
12	Marshall, John	Upper Canada	07:16.5	01:49.1
13	Lieber, Maxwell	Canisius	07:16.6	01:49.1
14	Vilk, Brett	Grimsby	07:21.1	01:50.3
15	Roche, Sean	Eden	07:21.9	01:50.5
16	Tarbutt, Michael	Ridley	07:23.7	01:50.9
17	Kwan, Jan	Ridley	07:27.0	01:51.7
18	Munn, Edward	Upper Canada	07:27.1	01:51.8
19	Naar, Jared	E.L. Crossley	07:27.7	01:51.9
20	Pieczonka, Charles	St. Marys	07:28.7	01:52.2
21	Poon, Sidney	Upper Canada	07:29.1	01:52.3
22	McClearly, Liam	St. Marys	07:35.8	01:54.0
23	Eckhardt, Grant	Denis Morris	07:36.4	01:54.1
24	Levy, Alex	Canisius	07:40.2	01:55.0
25	Wilczewski, Eric	Saint Paul	07:40.4	01:55.1
26	Bobak, Joshua	Canisius	07:41.9	01:55.5
27	McBurney, Matthew	Lakeshore Cath.	07:42.6	01:55.7
28	Crowe, Ethan	Ridley	07:43.8	01:55.9
29	Quarin, Adamo	Upper Canada	07:44.9	01:56.2
30	Kennedy, Aidan	E.L. Crossley	07:45.7	01:56.4
31	Holub, Andrew	Saint Michael	07:46.4	01:56.6
32	Harold, Matt	St. Francis	07:47.3	01:56.8
33	Moss, Evan	Grimsby	07:47.6	01:56.9
34	Barberi, Carson	Bishop Tonnos	07:49.1	01:57.3
35	Nguyen, Ken	Saint Michael	07:50.0	01:57.5
36	Hahn, Matthew	Canisius	07:50.3	01:57.6
37	Swaerdens, Matt	Grimsby	07:50.8	01:57.7
38	Winklhofer, Jake	Canisius	07:59.7	01:59.9
39	Ulrich, Alex	Canisius	08:00.5	02:00.1
40	Nemeth, Tyler	Saint Michael	08:06.3	02:01.6





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41	Cormier, Kyle	Saint Michael	08:11.0	02:02.8
42	McDonald, Noah	E.L. Crossley	08:17.8	02:04.4
43	Smit, Julien	Upper Canada	08:24.2	02:06.0
44	Graham, Ross	Upper Canada	08:37.7	02:09.4

## 5 - JR HS WOMEN 135#

Place	Athlete	Affiliation	Time	Pace
1	Ruby-Hill, Izzy	Branksome Hall	07:56.8	01:59.2
2	Vanderzanden, Hayley	E.L. Crossley	07:57.6	01:59.4
3	Beattie, Katherine	Blessed Trinity	07:59.0	01:59.8
4	Leheta, Jasmine	Jean-Vanier	07:59.0	01:59.8
5	Goudswaard, Skyler	Grimsby	08:02.5	02:00.6
6	Pozzobon, Cassie	Saint Paul	08:02.6	02:00.6
7	Low, Amber	Unaffiliated	08:05.9	02:01.5
8	Heintzman, Molly	Branksome Hall	08:09.3	02:02.3
9	Buchan, Tessa	Havergal College	08:13.2	02:03.3
10	Smith, Kendal	Park School	08:13.8	02:03.5
11	Murray, Jocelyn	Unaffiliated	08:16.0	02:04.0
12	Caplice, Erin	Havergal College	08:17.8	02:04.5
13	Anderson, Kristen	Blessed Trinity	08:18.9	02:04.7
14	vanEgmond, Samantha	Eden	08:19.2	02:04.8
15	Hassan, Katrina	St. Marys	08:20.3	02:05.1
16	Ayton, Alex	E.L. Crossley	08:20.6	02:05.2
17	Stodulski, Julianna	St. Francis	08:21.7	02:05.4
18	Karas, Catherine	Nardin Academy	08:23.1	02:05.8
19	Treffry, Natalie	Havergal College	08:23.2	02:05.8
20	Stodulski, Kristina	St. Francis	08:23.5	02:05.9
21	Anderson, Ashley	Blessed Trinity	08:23.6	02:05.9
22	O'Connor, Kelly	Saint Paul	08:25.1	02:06.3
23	Murphy, Breanna	London Central	08:25.2	02:06.3
24	Salerno, Emily	Nardin Academy	08:26.4	02:06.6
25	vander Hoeven, Erin	Holy Cross	08:27.4	02:06.9
26	Zambon, Sydney	Mother Teresa	08:28.5	02:07.1
27	Hamilton, Holly	Hillfield-Strathallan	08:28.9	02:07.2
28	Sutherland, Tristan	Grimsby	08:30.1	02:07.5
29	Lorenzi, Emma	St. Francis	08:31.5	02:07.9
30	Gilchrist, Sara	Havergal College	08:33.0	02:08.3
31	Vantfoort, Sarah	Oakridge	08:33.5	02:08.4
32	Traugott, Jenna HVY	Trinity College	08:34.0	02:08.5
33	Dotsikas, Emily	Havergal College	08:34.4	02:08.6
34	Lomax, Hannah	Havergal College	08:35.2	02:08.8
35	Ham, Balinda	Eden	08:36.4	02:09.1
36	Klassen, Jillian	Eden	08:36.5	02:09.1





# ONTARIO ERGOMETER CHAMPIONSHIPS

March 2, 2013



37	Fedorchuk, Emma	Governor Simcoe	08:36.8	02:09.2
38	Hurley, Dd	Nardin Academy	08:37.5	02:09.4
39	Lucchetta, Emily	Notre Dame	08:38.8	02:09.7
40	Adler, Hailey	Branksome Hall	08:40.9	02:10.2
41	Vendittelli, Siena	Ridley	08:40.9	02:10.2
42	Young, Elizabeth	Notre Dame	08:41.3	02:10.3
43	Mitchell, Emily	E.L. Crossley	08:41.9	02:10.5
44	Vaughan, Sarah	Saint Michael	08:42.9	02:10.7
45	Yewman, Nikki	Grimsby	08:44.4	02:11.1
46	Coelho, Maddie	Mother Teresa	08:45.0	02:11.2
47	Power, Kristen	Notre Dame	08:45.3	02:11.3
48	Coholan, Elena	St. Francis	08:45.8	02:11.4
49	Moyer, Sabrina	Ridley	08:45.8	02:11.4
50	Riddell, Kiera	St. Marys	08:47.0	02:11.8
51	MacNaughton, Charli-Ann	Blessed Trinity	08:47.4	02:11.8
52	Sergnese, Paullina	St. Francis	08:47.7	02:11.9
53	Panucci, Stephanie	Saint Michael	08:47.8	02:11.9
54	Rasmussen, Sydney	Denis Morris	08:48.0	02:12.0
55	Talas, Jessica	West Park	08:48.0	02:12.0
56	Levy, Imogen	Havergal College	08:50.4	02:12.6
57	White, Alanna HVY	Trinity College	08:50.5	02:12.6
58	Harkness, Laura	London Central	08:50.8	02:12.7
59	Bulitka, Sofie	Mother Teresa	08:51.4	02:12.8
60	Pascente, Kayla	Saint Michael	08:51.5	02:12.9
61	Smith, Erin	Notre Dame	08:51.6	02:12.9
62	Gualtieri, Julia	Saint Paul	08:51.8	02:13.0
63	Martin, MacKenzie	Medway	08:51.8	02:13.0
64	Doman, Morgan	Branksome Hall	08:53.2	02:13.3
65	Cornilius, Kesharine	St. Francis	08:53.5	02:13.4
66	Rotundo, Tia	Denis Morris	08:54.9	02:13.7
67	Francescutti, Caroline	Branksome Hall	08:55.9	02:14.0
68	Beeden, Libby	Hillfield-Strathallan	08:57.5	02:14.4
69	Lee, Grace	A.N. Myer	08:58.0	02:14.5
70	Watts, Jenna	Denis Morris	08:58.1	02:14.5
71	Bodenstab, Courtney	Trinity College	08:58.3	02:14.6
72	Tiedtke, Slyvana	Eden	08:58.7	02:14.7
73	Anderson, Jessica	Saint Paul	08:59.7	02:14.9
74	Santos, Kristan	Branksome Hall	09:00.7	02:15.2
75	Miklaucic, Bri	Branksome Hall	09:01.2	02:15.3
76	Vucenovic, Jelena	A.N. Myer	09:01.3	02:15.3
77	Abrams, Amanda	Blessed Trinity	09:03.1	02:15.8
78	DiSalvia, Andrea	Bishop Tonnos	09:03.6	02:15.9
79	Gaskin, Katherine	Branksome Hall	09:04.0	02:16.0
80	AbiSaab, Leigha	Bishop Tonnos	09:04.4	02:16.1
81	Taylor, Emily	Lakeshore Catholic	09:04.5	02:16.1
82	Madzar, Ivana	A.N. Myer	09:05.4	02:16.3







# ONTARIO ERGOMETER CHAMPIONSHIPS

March 2, 2013



83	Sawatzky, Georgia	Eden	09:06.7	02:16.7
84	Gillman, Ellen	Medway	09:07.8	02:16.9
85	Dittrich, Emily	St. Francis	09:08.5	02:17.1
86	Disalvo, Mackenzie	St. Francis	09:09.2	02:17.3
87	DeMelo, Hailey	Denis Morris	09:09.6	02:17.4
88	Boncoddo, Francesca	Grimsby	09:10.3	02:17.6
89	Strickland, Sam	Havergal College	09:10.9	02:17.7
90	White, Kaylee	Denis Morris	09:12.0	02:18.0
91	Csuka, Madison	Notre Dame	09:14.1	02:18.5
92	Race, Mila	Denis Morris	09:14.5	02:18.6
93	Funk, Alex	St. Francis	09:14.6	02:18.6
94	Richard, Nadine	Saint Michael	09:14.6	02:18.6
95	Park, Soho	Havergal College	09:16.0	02:19.0
96	Huljak, Emma	St. Francis	09:17.7	02:19.4
97	Edward, Jessica	Havergal College	09:18.7	02:19.7
98	Kozun-Young, Mackenzie	Eden	09:21.0	02:20.2
99	Trabucco, Chloe	St. Francis	09:21.2	02:20.3
100	Hallenbeck, Katie	Saint Paul	09:22.7	02:20.7
101	Westera, Breanne	Denis Morris	09:23.0	02:20.8
102	Nicolas, Ashley	Catholic Central	09:25.7	02:21.4
103	McNeill, Dayna	unaffiliated	09:26.3	02:21.6
104	Gammao, Claire	Unaffiliated	09:29.0	02:22.3
105	Simone, Genevieve	Havergal College	09:29.5	02:22.4
106	Stante, Samantha	Saint Michael	09:30.2	02:22.5
107	Doman, Jessica	St. Marys	09:30.6	02:22.7
108	Nouri, Shirien	A.N. Myer	09:30.7	02:22.7
109	Collins, Rebecca	Blessed Trinity	09:32.6	02:23.2
110	Park, Sunho	Havergal College	09:35.8	02:23.9
111	Smith, Sarah	Denis Morris	09:42.9	02:25.7
112	Bentancourt, Marianna	Denis Morris	09:45.2	02:26.3
113	Todd, Julianna	Notre Dame	09:46.5	02:26.6
114	Brimble, Madie	Hillfield-Strathallan	09:53.6	02:28.4
115	Cotrufo, Alexandra	Saint Michael	10:12.1	02:33.0

## 6 - JR HS WOMEN 145#

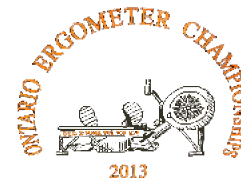
Place	Athlete	Affiliation	Time	Pace
1	Thomson, Kennedy	Sir Winston	08:04.6	02:01.1
2	Rimar, Jessika	E.L. Crossley	08:11.8	02:02.9
3	Hicks, Stephanie Jr	St. Francis	08:12.4	02:03.1
4	Lanteigne, Sarah	Governor Simcoe	08:14.7	02:03.7
5	Anderson, Hannah	Governor Simcoe	08:15.2	02:03.8
6	Lauritzen, Kirsten	Denis Morris	08:18.7	02:04.7
7	Scheel, Emma	London Central	08:22.1	02:05.5





# ONTARIO ERGOMETER CHAMPIONSHIPS

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<b>8</b>	<b>Briatico, Karolina</b>	<b>Blessed Trinity</b>	<b>08:25.2</b>	<b>02:06.3</b>
<b>9</b>	<b>Dykstra, Allison</b>	<b>E.L. Crossley</b>	<b>08:28.3</b>	<b>02:07.1</b>
<b>10</b>	<b>Flegel, Emma</b>	<b>Catholic Central</b>	<b>08:28.9</b>	<b>02:07.2</b>
11	Webb, Lauren	St. Francis	08:33.6	02:08.4
<b>12</b>	<b>Partridge, Kiera</b>	<b>E.L. Crossley</b>	<b>08:40.3</b>	<b>02:10.1</b>
13	Hvilivitzky, Madison	Saint Paul	08:41.3	02:10.3
<b>14</b>	<b>Sider, Maggie</b>	<b>E.L. Crossley</b>	<b>08:42.3</b>	<b>02:10.6</b>
15	Burke, Julie	E.L. Crossley	08:43.0	02:10.8
<b>16</b>	<b>Finigan, Emma</b>	<b>Mother Teresa</b>	<b>08:46.9</b>	<b>02:11.7</b>
17	Griffiths, Ciara	St. Francis	08:47.3	02:11.8
<b>18</b>	<b>Thompson, Becca</b>	<b>Grimsby</b>	<b>08:48.7</b>	<b>02:12.2</b>
19	Frietas, Alison	St. Francis	08:48.8	02:12.2
<b>20</b>	<b>Sharifi-far, Shadi</b>	<b>St. Francis</b>	<b>08:49.4</b>	<b>02:12.3</b>
21	Lundale, Carly	Saint Paul	08:53.1	02:13.3
<b>22</b>	<b>Ryan, Lucy</b>	<b>Governor Simcoe</b>	<b>08:54.4</b>	<b>02:13.6</b>
23	Austin, Olivia	St. Francis	08:58.0	02:14.5
<b>24</b>	<b>Goertz, Kendra</b>	<b>Eden</b>	<b>08:58.9</b>	<b>02:14.7</b>
25	Tarasuk, Kat	E.L. Crossley	08:59.7	02:14.9
<b>26</b>	<b>Freeman, Julia</b>	<b>Blessed Trinity</b>	<b>09:02.0</b>	<b>02:15.5</b>
27	Black, Jamie	London Central	09:02.8	02:15.7
<b>28</b>	<b>Schlett, Katie</b>	<b>Blessed Trinity</b>	<b>09:02.9</b>	<b>02:15.7</b>
29	Bilsborough, Sabrina	Notre Dame	09:03.8	02:16.0
<b>30</b>	<b>Corso, Rebecca</b>	<b>Blessed Trinity</b>	<b>09:04.3</b>	<b>02:16.1</b>
31	Buffalino, Kirsten	St. Francis	09:04.8	02:16.2
<b>32</b>	<b>Brown, Kasey</b>	<b>Governor Simcoe</b>	<b>09:06.1</b>	<b>02:16.5</b>
33	Scodellaro, Giordana	E.L. Crossley	09:10.8	02:17.7
<b>34</b>	<b>Vautour, Hannah</b>	<b>Trafalgar Castle</b>	<b>09:29.9</b>	<b>02:22.5</b>
35	Huisman, Kally	Notre Dame	09:33.3	02:23.3
<b>36</b>	<b>Jones, Allyssa</b>	<b>E.L. Crossley</b>	<b>09:34.5</b>	<b>02:23.6</b>
37	Vucenovic, Sonja	A.N. Myer	09:36.4	02:24.1
<b>38</b>	<b>Christensen, Aili</b>	<b>E.L. Crossley</b>	<b>09:50.2</b>	<b>02:27.6</b>
39	Milkos, Emily-Anne	Trafalgar Castle	10:04.4	02:31.1

## 7 / 8- MASTERS

Place	Athlete	Affiliation	Time	Pace
	Memme, Christopher (40*)	St. Cath R.C. Adaptive	04:27.6	
	Hamilton, Linda (63)*	St. Cath R.C. 1000m	04:58.5	
	Humber, Peggy (48)*	St. Cath R.C. 1000m	05:06.6	
	de Groot, Rolf (45)	Unaffiliated	06:21.5	01:35.4
	Ilic, Sasha (46)	Leander B.C.	06:25.7	01:36.4
	Krake, Harold	Unaffiliated	06:33.7	01:38.4





# ONTARIO ERGOMETER CHAMPIONSHIPS

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Adams, Bruce (45)	Ridley Graduate BC	06:35.0	01:38.8
Caplice, John (49)	Unaffiliated	06:47.4	01:41.9
Heffernan, Tom (30)	Unaffiliated	06:47.9	01:42.0
Pollock, Rod (54)	Kingston R.C.	07:05.3	01:46.3
Jones, Philip (57)	St. Catharines R.C.	07:10.9	01:47.7
Rolfe, Brent (57)	Unaffiliated	07:22.0	01:50.5
van Oosten, Bill (53)	Unaffiliated	07:28.6	01:52.2
Hughson, Fawn (35)	Leander B.C.	07:42.6	01:55.7
Carter, Michael (64)	Unaffiliated	07:45.7	01:56.4
Vamosi, Hajnalka (37)	Leander B.C.	07:49.5	01:57.4
Kaszowski, Andrew (31)	London R.C.	07:57.5	01:59.4
Soucy-Fraser, Louise (52)	Don R.C.	08:09.2	02:02.3
Millar, Vance (77)	St. Catharines R.C.	08:10.3	02:02.6
Englander, Wendy (55)	London R.C.	08:22.4	02:05.6
Longo-Wild, Valerie (49)	Leander B.C.	08:26.8	02:06.7
Watters, Teresa (54)	London R.C.	08:31.9	02:08.0
Wilkes, Deborah (49)	South Niagara R.C.	08:32.4	02:08.1
Powell, John (69)	Unaffiliated	08:49.8	02:12.5





ONTARIO ERGOMETER CHAMPIONSHIPS  
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9 - SR HS MEN 150#

Place	Athlete	Affiliation	Time	Pace
1	Klassen, Scott	Governor Simcoe	06:48.9	01:42.2
2	Fennema, Ricky	E.L. Crossley	06:49.5	01:42.4
3	Vassalo, Reid	St. Francis	06:52.2	01:43.0
4	Popi, George	London Central	06:58.8	01:44.7
5	Giesbrecht, Jacob	E.L. Crossley	06:59.9	01:45.0
6	Pepper, Connor	E.L. Crossley	07:00.1	01:45.0
7	Turnbull, Nate	St. Marys	07:03.1	01:45.8
8	Haakman, Bryan	Jean-Vanier	07:03.8	01:46.0
9	White, Adam	West Park	07:04.4	01:46.1
10	Nord, Carter	Upper Canada	07:07.7	01:46.9
11	Zammit, Ben	A.N. Myer	07:08.9	01:47.2
12	Mannarino, Alec	Hillfield-Strathallan	07:09.1	01:47.3
13	Brunton, Michael	Lakeshore Catholic	07:10.1	01:47.5
14	Portanova, Alessandro	St. Francis	07:11.5	01:47.9
15	Sobkowich, Kurtis	Blessed Trinity	07:12.1	01:48.0
16	Verbraeken, Jacob	Saint Michael	07:12.5	01:48.1
17	Powell, Aidan M.	Unaffiliated (USA)	07:13.6	01:48.4
18	Procyk, Roman	West Park	07:14.0	01:48.5
19	Watson, Jacob	Sir Winston	07:14.7	01:48.7
20	Thorburn, Trevor	Upper Canada	07:17.4	01:49.4
21	Bond, Calvin	Beamsville	07:19.0	01:49.7
22	Fedosov, Alex	West Park	07:19.3	01:49.8
23	Schmitt, Jonathan	Blessed Trinity	07:22.8	01:50.7
24	Klassen, Brad	Eden	07:23.1	01:50.8
25	Davis, Tyler	Sir Winston	07:24.4	01:51.1
26	Bisson, Steven	Unaffiliated	07:24.6	01:51.1
27	Walker-Stewart, Wilder	Upper Canada	07:24.9	01:51.2
28	Steip, Mike	A.N. Myer	07:25.4	01:51.4
29	Kara, Husayn	Upper Canada	07:31.0	01:52.7
30	Ross, Joe	St. Francis	07:32.0	01:53.0
31	Kim, Peter	Upper Canada	07:34.7	01:53.7
32	Reid, Aaran	Ridley	07:34.8	01:53.7
33	McCarthy, Mark	St. Marys	07:36.4	01:54.1
34	Hagemans, John	Bishop Tonnos	07:37.4	01:54.3
35	Breadman, Jacob	West Park	07:38.3	01:54.6
36	Plamondon, Eric	Jean-Vanier	07:38.4	01:54.6
37	Miraszek, John	Mercyhurst Prep.	07:41.3	01:55.3
38	Vadera, Atticus	St. Marys	07:43.5	01:55.9
39	Cino, Mateo	Sir Winston	07:44.2	01:56.0
40	Chernick, Gavin	West Park	07:44.3	01:56.1





# ONTARIO ERGOMETER CHAMPIONSHIPS

March 2, 2013



41	Ravelle, Ryan	Sir Winston	07:53.5	01:58.4
42	Joseph, Jerome	St. Francis	07:59.2	01:59.8
43	Gill, Joshua	Bishop Tonnos	08:01.1	02:00.3
44	Barker, Wesley	West Park	08:05.1	02:01.3
45	Upadhyay, Mohak	West Park	08:12.1	02:03.0
46	Williams, Ben	St. Cath. Collegiate	08:14.5	02:03.6
47	Kapoor, Akshay	Hillfield-Strathallan	08:41.2	02:10.3
48	Rao, Francesco	Unaffiliated	09:34.0	02:23.5

## 10 - SR HS MEN 165#

Place	Athlete	Affiliation	Time	Pace
<b>1</b>	<b>Flegman, Igal</b>	<b>Ridley</b>	<b>06:27.5</b>	<b>01:36.9</b>
<b>2</b>	<b>Buchan, Graham</b>	<b>Upper Canada</b>	<b>06:33.8</b>	<b>01:38.4</b>
<b>3</b>	<b>Watt, Patrick</b>	<b>Upper Canada</b>	<b>06:34.1</b>	<b>01:38.5</b>
<b>4</b>	<b>Temptest, Brandon</b>	<b>E.L. Crossley</b>	<b>06:52.8</b>	<b>01:43.2</b>
<b>5</b>	<b>Haun, Brad</b>	<b>Sir Winston</b>	<b>06:53.4</b>	<b>01:43.3</b>
<b>6</b>	<b>Lam, Nick</b>	<b>Ridley</b>	<b>06:53.4</b>	<b>01:43.4</b>
<b>7</b>	<b>Verekeenko, Dmitry</b>	<b>Ridley</b>	<b>06:55.5</b>	<b>01:43.9</b>
<b>8</b>	<b>Simpson, Dawson</b>	<b>St. Marys</b>	<b>07:01.6</b>	<b>01:45.4</b>
<b>9</b>	<b>vanEngelen, Anthony</b>	<b>Blessed Trinity</b>	<b>07:06.2</b>	<b>01:46.5</b>
<b>10</b>	<b>Laferriere, Joseph</b>	<b>Hillfield-Strathallan</b>	<b>07:09.5</b>	<b>01:47.4</b>
11	Robinson, Matt	Trinity College	07:09.5	01:47.4
12	Trudel, Josh	Notre Dame	07:09.5	01:47.4
13	Landry, Trystan	Sir Winston	07:11.1	01:47.8
14	Zelichowski, Cody	Sir Winston	07:11.8	01:47.9
15	Potter, Michael	Sir Winston	07:12.0	01:48.0
16	Halcro, Hudson	Unaffiliated	07:12.9	01:48.2
17	Teed, David	E.L. Crossley	07:12.9	01:48.2
18	Kilic, Can	Sir Winston	07:15.2	01:48.8
19	Nadeau, Owen	Jean-Vanier	07:15.9	01:49.0
20	Lederer, TJ	Ridley	07:16.7	01:49.2
21	Nyland, Damen	Sir Winston	07:17.4	01:49.3
22	Story, Matthew	St Thomas Aquinas	07:21.5	01:50.4
23	Evans, Will	Ridley	07:23.4	01:50.8
24	MacIntosh, Brandon	A.N. Myer	07:23.5	01:50.9
25	Cameron, Myles	Hillfield-Strathallan	07:25.7	01:51.4
26	Boland, Alex	Sir John A Macdonald	07:26.0	01:51.5
27	McDougall, Graham	Hillfield-Strathallan	07:28.4	01:52.1
28	Hogarth, Chris	Trinity College	07:28.8	01:52.2
29	Shingleton-Smith, Eric	Sir Winston	07:28.8	01:52.2
30	Politov, Dmytro	West Park	07:33.7	01:53.4
31	Ovenden, Simon	Notre Dame	07:34.1	01:53.5
32	Landon, Kyle	South Niagara R.C.	07:35.2	01:53.8
33	Salway, Mikhail	Lakeshore Catholic	07:44.4	01:56.1
34	Armstrong-Robertson, Aidan	Unaffiliated	07:56.6	01:59.1
35	Sweeney, Liam	West Park	08:18.7	02:04.7





ONTARIO ERGOMETER CHAMPIONSHIPS  
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11 - SR HS WOMEN 135#

Place	Athlete	Affiliation	Time	Pace
1	Webb, Kelly	Denis Morris	07:28.7	01:52.2
2	Zanatta, Carly	Rdgwy Crystal Beach	07:39.5	01:54.9
3	Hall, Caroline	Branksome Hall	07:49.5	01:57.4
4	Post, Jessica	Saint Michael	07:54.1	01:58.5
5	Dubouchet-Olsheski, Daphn	Unaffiliated	07:54.2	01:58.6
6	Krapels, Paulina	Bishop Tonnos	08:03.5	02:00.9
7	ColterJohn, Annabel	Branksome Hall	08:04.7	02:01.2
8	Hughes, Olivia	Governor Simcoe	08:05.7	02:01.4
9	Dover, Katie	Sir Winston	08:06.3	02:01.6
10	Lutz, Daria	Sir Winston	08:06.5	02:01.6
11	Noel, Stephanie	Denis Morris	08:07.9	02:02.0
12	O'Brien, Ashley	Ridley	08:09.6	02:02.4
13	Covre, Kristy	St. Francis	08:11.7	02:02.9
14	Augustine, Samantha	Notre Dame	08:12.0	02:03.0
15	Wiens, Miranda	London Central	08:13.7	02:03.4
16	Andrews, Caitlyn	A.N. Myer	08:14.2	02:03.6
17	Senchoway, Tiana	Notre Dame	08:14.7	02:03.7
18	Greene, Catherine	Sacred Heart	08:16.0	02:04.0
19	Gervais, Sage	Sir Winston	08:17.1	02:04.3
20	Fuller, Lizzie	E.L. Crossley	08:17.9	02:04.5
21	Harlow, Maddie	Havergal College	08:19.1	02:04.8
22	Wityk, Victoria	Saint Michael	08:19.8	02:04.9
23	Luttjehuizen, Skylar	E.L. Crossley	08:20.8	02:05.2
24	Piedl, Lauren	Notre Dame	08:21.5	02:05.4
25	Cooper, Rachel	Ridley	08:22.3	02:05.6
26	Saleeb, Christine	St. Francis	08:24.2	02:06.1
27	Mori, Alexandra	Ridley	08:25.9	02:06.5
28	Torelli, Alexa	Holy Cross	08:26.2	02:06.5
29	Aipperspach, Heather	London Central	08:26.8	02:06.7
30	Mambella, Sarah-Jane	Blessed Trinity	08:29.9	02:07.5
31	Wild, Heather	St. Marys	08:30.1	02:07.5
32	Roehmholdt, Julie	Nardin Academy	08:30.4	02:07.6
33	Woods, Nicole	St. Marys	08:31.2	02:07.8
34	Mirynech, Heather	St. Francis	08:31.8	02:07.9
35	Allan, Rachel	Blessed Trinity	08:33.8	02:08.5
36	Stephenson, Emma	A.N. Myer	08:36.8	02:09.2
37	Ensor, Lexi	Havergal College	08:40.0	02:10.0
38	Disher, Alexa	Notre Dame	08:42.6	02:10.7
39	Sullivan, Emily	St. Marys	08:44.1	02:11.0





# ONTARIO ERGOMETER CHAMPIONSHIPS

March 2, 2013



40	McIntosh, Emily	St. Francis	08:46.0	
41	Skanes, Rachel	London Central	08:46.8	02:11.7
42	Flaminio, Abigail	Bishop Tonnos	08:47.1	02:11.8
43	Smockum, Blaire	Havergal College	08:47.2	02:11.8
44	Phelps, Allyssa	Notre Dame	08:47.5	02:11.9
45	Farnsworth, Sasha	Sir Winston	08:47.9	02:12.0
46	Chow, Madeline	Unaffiliated	08:48.4	02:12.1
47	Stone, Taylor	Saint Michael	08:49.5	02:12.4
48	Roberts, Meghan	Trinity College	08:50.1	02:12.5
49	Chin, Hailey	Havergal College	08:51.5	02:12.9
50	Marchese, Jessica	Saint Paul	08:55.5	02:13.9
51	McKay, Krystina	St. Marys	08:56.6	02:14.1
52	Moffat, Nicola	London Central	08:57.1	02:14.3
53	Kenney, Colleen	Nardin Academy	08:58.5	02:14.6
54	DiFabio, Danielle	Blessed Trinity	08:59.3	02:14.8
55	Crcnich, Jaime	Oakridge	09:00.2	02:15.0
56	Ferri, Megan	Notre Dame	09:00.4	02:15.1
57	Helmets, Anita	St. Marys	09:01.7	02:15.4
58	Morrison, Lee	Unaffiliated	09:12.8	02:18.2
59	Weaving, Cloey	Lakeshore Catholic	09:16.6	02:19.1
60	DeNew, Kiri	Unaffiliated	09:23.7	02:20.9

## 12 - SR HS WOMEN 145#

Place	Athlete	Affiliation	Time	Pace
1	Wiley, Elise	Sir Winston	07:32.1	01:53.0
2	Caldarone, Kate	Branksome Hall	07:41.9	01:55.5
3	Harper, Erin	Sir Winston	07:42.7	01:55.7
4	Chapman, Juliette	Ridley	07:46.5	01:56.6
5	Panucci, Marissa	Saint Michael	07:51.0	01:57.7
6	Marinelli, Sarah-Teresa	Blessed Trinity	07:51.3	01:57.8
7	Gearing, Maria	E.L. Crossley	07:54.3	01:58.6
8	Nail, Lauren	Denis Morris	07:56.2	01:59.0
9	Lee, Jennifer	Sir Winston	07:58.3	01:59.6
10	Giesbrecht, Colleen	Eden	08:01.2	02:00.3
11	Mann, Emily	Grimsby	08:01.8	02:00.4
12	Marshall, Emily	Branksome Hall	08:02.5	02:00.6
13	Singer, Rebecca	Branksome Hall	08:02.5	02:00.6
14	Iapichino, Julia	Sir Winston	08:02.8	02:00.7
15	Heard, Victoria	Saint Paul	08:03.8	02:00.9
16	Jeswald, Marissa	Park School	08:06.3	02:01.6
17	Osborne, Jenna	Sir Winston	08:08.1	02:02.0
18	Kulesza, Emily	Mercyhurst Prep.	08:10.6	02:02.7





# ONTARIO ERGOMETER CHAMPIONSHIPS

March 2, 2013



19	Cryderman, Sage	Trinity College	08:10.9	02:02.7
20	Bartlet, Sophie	Branksome Hall	08:11.6	02:02.9
21	Malong, Madeleine	Saint Paul	08:12.7	02:03.2
22	Miller, Sheridan	Havergal College	08:13.2	02:03.3
23	Ip, Jessica	Havergal College	08:19.2	02:04.8
24	Malong, Veronica	Saint Paul	08:20.5	02:05.1
25	Worden, Keira Robertson	Sir Winston	08:21.7	02:05.4
26	Studer, Steph	Havergal College	08:23.3	02:05.8
27	Lucier, Rebecca	Unaffiliated	08:23.7	02:05.9
28	Bishop, Lauren	Blessed Trinity	08:25.7	02:06.4
29	Bellemare, Jacqueline	Quinte R.C.	08:27.0	02:06.7
30	Gearing, Lisa	E.L. Crossley	08:27.4	02:06.9
31	Celetti, Alex	Denis Morris	08:30.7	02:07.7
32	North, Jane	Unaffiliated	08:33.2	02:08.3
33	Mosely, Kiera	E.L. Crossley	08:37.4	02:09.3
34	Follick, Alecia	Holy Cross	08:42.3	02:10.6
35	Sinclair, Isabel	St. Marys	08:44.7	02:11.2
36	Helmkay, Meaghan	E.L. Crossley	08:47.5	02:11.9
37	Majzoubi, Naseem	E.L. Crossley	08:49.9	02:12.5
38	Khan, Jumanah	Oakridge	08:58.9	02:14.7
39	Picca, Madeline	Saint Paul	09:04.9	02:16.2
40	Edmunds, Amy	Oakridge	09:08.1	02:17.0
41	Ramirez, Laura	Trafalgar Castle	09:34.1	

## 13 - SR HS WOMEN

Place	Athlete	Affiliation	Time	Pace
1	Yurko, Tessa	Nardin Academy	07:22.9	01:50.7
2	Rosts, Morgan	Gov Simcoe	07:24.4	01:51.1
3	Snelgrove, Jaimie	Denis Morris	07:26.2	01:51.5
4	Tavares, Natalie	E.L. Crossley	07:26.6	01:51.7
5	Dreher, Heavyn	Grand Island	07:26.7	01:51.7
6	Thomson, Emily	Sir Winston	07:30.8	01:52.7
7	Kawalek, Adrien	E.L. Crossley	07:30.9	01:52.7
8	Vander Hoeven, Julia	Holy Cross	07:31.0	01:52.8
9	Beneteau, Sydnee	Mother Teresa	07:31.4	01:52.8
10	Griffin, Shawna	E.L. Crossley	07:32.1	01:53.0
11	Bax-Campbell, Maddison	London Central	07:33.1	01:53.3
12	Aiello, Lauren	E.L. Crossley	07:34.1	01:53.5
13	Oleksiak, Hayley	Unaffiliated	07:34.1	01:53.5
14	O'Neill, Emma	Governor Simcoe	07:43.0	01:55.7
15	Johnson, Ashley	Clarence	07:44.4	01:56.1
16	Caplice, Sarah	Havergal College	07:46.2	01:56.5







# ONTARIO ERGOMETER CHAMPIONSHIPS

March 2, 2013



17	Dowling, Shannon	Havergal College	07:46.5	01:56.6
18	Janzen, Cori	Governor Simcoe	07:46.7	01:56.7
19	VanderHoeven, Lauren	Holy Cross	07:46.9	01:56.7
20	Shotyk, Olivia	London Central	07:47.3	01:56.8
21	Mutukistna, Camille	Havergal College	07:48.0	01:57.0
22	Engott, Emily	Mercyhurst Prep.	07:48.8	01:57.2
23	Hill, Ellen	Mercyhurst Prep.	07:50.2	01:57.5
24	Benson, Megan	E.L. Crossley	07:53.0	01:58.2
25	Bailey, Abbey	Mercyhurst Prep.	07:53.2	01:58.3
26	Ross, Lexis	Unaffiliated	07:53.9	01:58.5
27	Bridge, Mary	Nardin Academy	07:54.6	01:58.7
28	Walter, Elizabeth	Nardin Academy	07:54.6	01:58.6
29	Alexander, Abby	Nardin Academy	07:54.7	01:58.7
30	Payne, Janelle	St. Francis	07:56.3	01:59.1
31	Johnson, Clare	Sir Winston	07:56.9	01:59.2
32	Fani, Ayliah	Denis Morris	07:57.1	01:59.3
33	McCartney, Lea	St. Marys	07:58.2	01:59.5
34	Malowany, Julia	Havergal College	07:58.8	01:59.7
35	Salvo, Filomena	Bishop Tonnos	08:01.3	02:00.3
36	Dempsey, Karly	Saint Paul	08:02.9	02:00.7
37	DiBellonia, Bianca	Ridley	08:03.7	02:00.9
38	Roche, Serena	Nardin Academy	08:06.0	02:01.5
39	Stodulski, Sabina	St. Francis	08:06.4	02:01.6
40	Vamosi, Madison	Unaffiliated	08:06.8	02:01.7
41	Bussi, Nata	Denis Morris	08:09.4	02:02.4
42	Goulet, Sarah	St. Marys	08:09.9	02:02.5
43	Malvert, Cynthia	Notre Dame	08:11.6	02:02.9
44	Ingribelli, Mary	Governor Simcoe	08:14.3	02:03.6
45	McGurk, Katie	St. Marys	08:17.2	02:04.3
46	Laver, Erica	Havergal College	08:23.9	02:06.0
47	Stret, Natalia	Denis Morris	08:32.2	02:08.0
48	Kilpatrick, Amber	Governor Simcoe	08:34.5	02:08.6
49	Campbell, Lauren	Branksome Hall	08:36.6	02:09.1
50	Shihadeh, Alia	Sir Winston	08:41.9	02:10.5
51	Ellis, Maia	E.L. Crossley	08:44.3	02:11.1
52	White, Sarah	Denis Morris	08:46.0	02:11.5
53	Lauermeier, Emma	Sir Winston	08:47.2	02:11.8
54	Cavanagh, Chandler	A.N. Myer	08:50.4	02:12.6
55	Gargarello, Kijja	Unaffiliated	08:56.2	02:14.0
56	Wright, Sage	West Park	09:01.9	02:15.5
57	Ost, Deborah	Trinity College	09:05.5	02:16.4





ONTARIO ERGOMETER CHAMPIONSHIPS  
March 2, 2013



14 - SR HS MEN

Place	Athlete	Affiliation	Time	Pace
1	Finley, Mathew	Sir Winston	06:20.0	01:35.0
2	Hamilton, Calvin-Peter	Clarkson	06:22.4	01:35.6
3	Szymanowski, Mathew	Resurrection Cath.	06:24.2	01:36.1
4	Brodeur, Luc	Ridley	06:25.5	01:36.4
5	Sheldon, Harris	Upper Canada	06:27.2	01:36.8
6	Butcher, Zach	London Central	06:28.8	01:37.2
7	Davenport, Paul	Mother Teresa	06:30.2	01:37.5
8	Elgie, Morgan	E.L. Crossley	06:33.0	01:38.2
9	Walker, Charlie	Upper Canada	06:33.4	01:38.4
10	Schisler, Collin	Mother Teresa	06:34.7	01:38.7
11	Yankowski, Reid	Canisius	06:36.4	01:39.1
12	Barrett, Austin	Canisius	06:37.1	01:39.3
13	MacDonald, Spencer	E.L. Crossley	06:37.8	01:39.4
14	Tkaczick, Daniel	Ridley	06:39.6	01:39.9
15	Ilic, Aleksandar	unaffiliated	06:41.0	01:40.3
16	Humphrey, Calvin	Grimsby	06:42.4	01:40.6
17	Overbeeke, Matt	Ridley	06:46.6	01:41.6
18	Arscott, Dan	Trinity College	06:48.1	01:42.0
19	Clark, Evan	London Central	06:50.4	01:42.6
20	Anderson, Derek	Blessed Trinity	06:53.1	01:43.3
21	Gelhard, Matthew	St. Marys	06:54.4	01:43.6
22	Spagnolo, Pier	West Park	06:56.4	01:44.1
23	Paulin, Quinton	Bishop Tonnos	07:03.3	01:45.8
24	Kesteloot, Keegan	Mother Teresa	07:05.6	01:46.4
25	Yang, Aiden	Upper Canada	07:06.4	01:46.6
26	Brock, Sawyer	London Central	07:09.5	01:47.4
27	Fickling, Ben	Upper Canada	07:09.7	01:47.4
28	Playfair, Connor	Westdale	07:12.8	01:48.2
29	Benedetto, Michael Di	Blessed Trinity	07:14.3	01:48.6
30	Jacques, Christopher	St. Marys	07:16.7	01:49.2
31	Jeffery, Chance	Collegiate	07:18.1	01:49.5
32	Pelkmans, Nick	London Central	07:20.8	01:50.2
33	Cramer, Kyle	Canisius	07:25.9	01:51.5
34	Duncan, Nathanael	West Park	07:29.2	01:52.3
35	Burns, Liam	St. Francis	07:48.2	01:57.1
36	Hawkins, Alex	Mother Teresa	08:06.3	02:01.6





**ONTARIO ERGOMETER CHAMPIONSHIPS**  
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**16 / 17 - WOMEN**

<b>Place</b>	<b>Athlete</b>	<b>Affiliation</b>	<b>Time</b>	<b>Pace</b>
1	Rusch, Tiffany	Brock U. <b>LT</b>	07:44.4	01:56.1
2	Beaudette, Jennifer	Brock U. <b>LT</b>	07:59.0	01:59.7
3	MacLean, Lindsay	Brock U. <b>LT</b>	08:11.3	02:02.8
4	O'Brien, Ashley	Ridley <b>LT</b>	08:23.4	02:05.9
1	Truax, Michelle	Kingston R.C.	07:07.0	01:46.8
2	Demaiter, Allison	U. O. I. T.	07:18.4	01:49.6
3	Klassen, Katie	Brock U.	07:37.8	01:54.4
4	Surzyn, Justyna	Don R.C.	07:38.8	01:54.7
5	Marconi, Alicia	Brock U.	07:38.9	01:54.7
6	Duff, Sophie	Don R.C.	07:39.2	01:54.8
7	Miller, Sarah	Brock U.	07:49.3	01:57.3
8	Bos, Lisa	Cambridge R.C.	07:49.4	01:57.3
9	Wood, Abby	Brock U.	08:02.7	02:00.7
10	Foster, Kalyna	Brock U.	08:11.7	02:02.9
11	Taylor, Nicole	Brock U.	08:14.2	02:03.6

**15 / 18 - MEN**

<b>Place</b>	<b>Athlete</b>	<b>Affiliation</b>	<b>Time</b>	<b>Pace</b>
	Myers, James	Brock U. <b>LT</b>	06:31.4	01:37.9
	DiOrazio, Brandon	Brock U. <b>LT</b>	06:43.0	01:40.8
	Ritossa, Christian	Brock U. <b>LT</b>	07:16.4	01:49.1
	Thomson, Jared	Don R.C.	06:08.6	01:32.2
	Klassen, Daniel	Ridley Graduate BC	06:08.7	01:32.2
	Zimmermann, Karl	McMaster U.	06:20.9	01:35.2
	Bullock, Brett	U. O. I. T.	06:26.0	01:36.5
	Vantfoort, Nicholas	U. O. I. T.	06:30.6	01:37.7
	Laszlo, Michael	Cambridge R.C.	06:42.3	01:40.6
	Koch, Kevin	St. Francis	06:46.0	01:41.5

