

Event #1 JUNIOR H. S. MEN (born 1989 or later)

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Soutter, Alex	U.C.C.	6:32.7
2	Wakulich, David	St. Cath CI	6:38.7
3	Hills, James	Denis Morris	6:43.2
4	Ford, Dan	Ridley Col.	6:47.7
5	Yeksigian, Jack	City Honors	6:51.3
6	Blahut, Kenny	EL Crossley	6:51.6
7	McCabe, Conlin	Brockville CI	6:52.2
8	Chisholm, Nick	Ridley Col.	6:53.4
9	Schudlo, Nicholas	St. Francis	6:57.0
10	Puddy, Robbie	SCS	6:59.4
11	Chalmers, Zach	Gov. Simcoe	7:02.2
12	Felice, Marino	Denis Morris	7:02.5
13	MacKeigan, Michael	Brockville CI	7:02.9
14	Smith, Connor	Denis Morris	7:05.0
15	Doan, Alex	Denis Morris	7:05.1
16	Macdonald, David	U.C.C.	7:12.5
17	Stansfield, Kyle	St. Mary's	7:13.8
18	Boyd, Cameron	St. Michael's	7:17.7
	Cherubini Andrew	AN Myer	7:17.7
20	Looyestein, Jacob	Lakeport	7:18.7
21	Carson, Brent	AB Lucas	7:20.3
22	Eason, DeVonte	City Honors	7:23.5
23	McDonald, Jeff	Saunders	7:24.5
24	Morrone, Robert	West Park	7:26.8
25	Sheppard, Jimmy	Gov. Simcoe	7:29.7
26	Jenkins, Matt	Grimsby SS	7:31.5
27	Splonick Gary	Holy Cross	7:37.1
28	Campbell, Kyle	AB Lucas	7:38.7
29	Mitchell-Funk, Dylan	Sir Winston	7:39.3
30	Amstrong, William	West Park	7:40.9
31	Martin, Tyler	Lakeport	7:41.2
32	Atalick, Johnny	West Park	7:41.9
33	Sigfrid, Matt	West Park	7:43.1
34	Armstrong, David	U.C.C.	7:49.1
35	Wang, William	Westdale	7:49.6
36	Kreuger, Alex	Jean-Vanier	8:27.4

Event #2 JUNIOR H. S. WOMEN (born 1989 or later)

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1. 1	Allingham, Christine	Brockville CI	7:32.8
2.	Tonellato, Chantelle	SWC	7:47.5
3.	Colbow, Christyn	Thorold	7:49.6
4.	Hess, Elizabeth	Brockville CI	7:50.5
5.	Howlett, Zoe	Brockville CI	7:51.1

6.	Bruch, Katie	Notre Dame	7:56.2
7.	Copson, Cheryl	Adam Scott	7:57.9
8.	Blackburn, Helen	Gov. Simcoe	7:58.4
9.	Horvat, Kayla	Holy Trinity	7:58.6
10.	DiCosimo, Lindsay	St. Paul	8:00.3
11.	Bayley Megan	Gov. Simcoe	8:01.1
12.	Pacinelli, Lauren	Mercyhurst Prep.	8:05.3
13.	Sheahan, Karli	St. Francis	8:05.4
14.	Rozman Jessica	Holy Cross	8:08.0
15.	Halycia, Nila	Gov. Simcoe	8:10.7
16.	Mikalajewski, Karoline	Eden HS	8:11.4
17.	Lang, Sonya	Adam Scott	8:12.5
	Sheenan, Kristie	Notre Dame	8:12.5
19.	Romano, Gemma	Adam Scott	8:13.8
20.	Henry, Jilliam	Eden HS	8:14.0
21.	Ball, Alison	London Central	8:15.2
22.	Nuta, Raluca	Westdale	8:19.7
23.	Schreinert, Olivia	South Sec.	8:20.0
24.	Bowslaugh, Bronwyn	Lakeport	8:22.6
25.	Burgio, Mary Katherine	City Honors	8:24.2
26.	Damoiseaux, Elise	St. Christopher	8:25.7
27.	DellaSmirra, Amanda	Notre Dame	8:25.8
28.	Fisher, Julia	City Honors	8:26.5
29.	Jennings, Jesseca	Niagara Dist.	8:27.1
30.	Bartlett, Denice	AB Lucas	8:27.3
31.	Biddlecombe, Christine	City Honors	8:27.5
32.	Mowder, Steph	Sir Winston	8:28.7
33.	Gravelle, Christina	Denis Morris	8:29.2
34.	Gauthier, Sarah	Westdale	8:29.5
35.	Edsall, Shari	EL Crossley	8:32.4
36.	Andrews, Taylor	St. Andrews	8:32.6
37.	Phelps, Brittany	Sir Winston	8:34.2
38.	Fleming, Maggie	Nardin Acad.	8:35.1
39.	Mitchell Brandi	West Park	8:37.4
40.	LeLay, Samantha	Jean-Vanier	8:38.8
41.	MacKinley, Julia	London Central	8:38.9
42.	Wilson, Courtney	Denis Morris	8:39.4
43.	MacDonald, Kaitlyn	St. Francis	8:40.0
44.	Kim, Karen	Sir Winston	8:41.1
45.	Hoeltzenbein, Laura	St. Christopher	8:46.1
46.	Cowal, Lindsay	Denis Morris	8:46.4
47.	Schram, Alanna	Sir Winston	8:46.8
48.	Copley, Sarah	Saunders	8:49.0
49.	Wall Stephen	Sir Winston	8:50.3
50.	Went, Ellen	Ridley Col.	8:51.2
51.	Vanbrenk, Brandi	Saunders	8:51.5
52.	Crandall, Jess	Grimsby SS	8:52.0
53.	Sinha, Jessica	Westdale	8:54.2
54.	Morrison, Stephanie	AB Lucas	8:56.1
55.	Martin, Erika	Sir Winston	8:57.5

56.	O'Rourke, Cathleen	Grimsby SS	9:08.9
57.	Jensen, Hannah	City Honors	9:11.1
58.	Antonio, Rachel	St. Francis	9:11.3
59.	Westgate, Leah	London Central	9:16.0
60.	Morneau, Morgan	Gov. Simcoe	9:30.6
61.	Shobbar, Anah	Sir Winston	9:31.0
62.	Zapotachny, Jillian	Westdale	9:35.8
63.	Harris, Karen	Gov. Simcoe	9:39.2

Event #3 JUNIOR H.S. 150 lbs. MEN

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	McKenzie, Alex	Brockville CI	6:57.8
2	VanVliet, Eric	Brockville CI	7:08.8
3	McKeegan, Cameron	Holy Cross	7:13.3
4	Keanne, Peter	Brockville CI	7:16.0
5	Anstruther, Kevin	St. Paul	7:20.2
6	Friesen, Russell	Gov. Simcoe	7:21.5
	Thorpe, Andrew	Ridley Col.	7:21.5
8	Bourne, Donnie	Oakridge	7:22.8
9	Jackiewicz Peter	Anmyer	7:24.7
10	Carr, Andrew	Gov. Simcoe	7:27.8
11	Kostiw, Mark	Iroquois Ridge	7:28.0
12	Sabour, Camron	Glebe CI	7:28.1
13	Lingard, Andrew	Ridley Col.	7:29.0
14	Craig-Pettem, Steve	Brockville CI	7:32.5
15	Salas, Ricardo	Ridley Col.	7:33.0
16	Peters, Michael	St. Paul	7:33.4
17	Coletto, Dylan	Grimsby SS	7:33.7
18	Sennock, Dave	Gov. Simcoe	7:35.1
19	Campbell, Tim	Holy Cross	7:36.1
20	Strum, Ryan	Ridley Col.	7:38.0
21	Parker, Caleb	Sir Winston	7:38.4
22	Snelgrove, Peter	Brockville CI	7:40.0
23	Woelfl, Eric	Gov. Simcoe	7:40.1
24	McLean-Bannon, Cameron	Tecumseh	7:40.2
25	Spironello, Dean	St. Paul	7:41.0
26	Blau, Mitch	Westdale	7:41.1
27	Grosssi, Matthew	Denis Morris	7:41.8
28	Roussel, Cooper	City Honors	7:41.9
29	Sulatyky, Brian	Gov. Simcoe	7:42.1
30	Van Oosten, Brad	Holy Cross	7:42.8
31	Robbins, Aaron	EL Crossley	7:43.2
32	Neary, Jack	Mentor Col.	7:44.2
33	Cole, Richard	AN Myer	7:44.3
34	Ingraham, Devaan	EL Crossley	7:44.9
35	Lariviere, David	Westdale	7:45.4
36	Beukema, Stephen	Denis Morris	7:45.9
37	Koabel, Shane	Jean-Vanier	7:46.1

38	Lamarre, Michael	Notre Dame	7:47.9
39	Page, Matt	Lorne Park	7:48.2
40	Elliott, Keil	West Park	7:49.6
41	Neeson, Dean	Lakeport	7:49.7
42	Hilborn, Kevin	Brockville CI	7:50.3
43	Holderney, Mike	West Park	7:51.1
44	Diplock, Kyle	EL Crossley	7:53.3
45	Ho, Dennis	AB Lucas	7:53.4
	Smith, Joshua	Saunders	7:53.4
47	Beaudry, Kyle	Lakeport	7:53.9
48	Prince, Adrian	West Park	7:55.5
49	Machesney, Cory	EL Crossley	7:56.3
50	Connell, Patrick	St. Mary's	7:56.4
51	Zegers, Alex	Sir Winston	7:57.7
52	Caldwell, Fraser	Westdale	7:58.0
53	Heidebrecht, Juris	Lakeport	7:58.6
54	Graham, Evan	St. Paul	7:58.7
55	Lei, Yang	Westdale	7:59.2
56	Burtnik, Jordan	St. Francis	8:00.9
57	Cassidy, Ryan	West Park	8:00.9
58	Dick, Maxwell	St. Francis	8:03.0
59	Fenwick, Colin	West Park	8:04.1
60	Desrochers, Justin	Jean-Vanier	8:04.6
	Kurleba, Nick	Sir Winston	8:04.6
62	Scriven, Michael	West Park	8:04.8
63	Komar, Nikolai	Lakeport	8:04.9
64	Cosby, Liam	West Park	8:06.3
65	Solomon, Jacob	Sir Winston	8:06.4
66	Rivers, Patrick	West Park	8:06.5
67	Lihou, Cameron	West Park	8:07.2
68	Connell, Jeremy	St. Mary's	8:08.0
69	O'Neill, Braeden	Gov. Simcoe	8:08.5
70	Andreoli, Jonathan	Jean-Vanier	8:10.4
71	Schenck, Graham	St. Francis	8:10.7
72	Dekker, Jesse	West Park	8:10.9
73	Woods, Paul	St. Francis	8:14.3
74	Bosse, Kevin	Notre Dame	8:16.0
75	Green, Matthew	Sir Winston	8:18.1
75	Burgess, Stuart	City Honors	8:18.5
76	MacDougall, Craig	St. Francis	8:18.7
77	Sonke, Eric	St. Francis	8:22.2
78	Hall, Thomas	Lakeport	8:24.1
79	Hudlicky, Jason	Ridley Col.	8:26.5
80	Cooper, Jeremy	Niagara Dist.	8:26.7
81	Shishkov, Victor	Lorne Park	8:27.2
82	Cheng Oiu, Liang	Westdale	8:30.5
83	Riordon, Grayson	St. Francis	8:31.1
84	Green, Bryan	Sir Winston	8:31.9
85	Herzog, Ian	Sir Winston	8:32.0
86	Vanderhout, Mark	St. Francis	8:32.2

87	Breukelman, Christian	Ridley Col.	8:33.3
88	Rosario, Mac	St. Mary's	8:36.8
89	McGeorge, Cody	EL Crossley	8:40.0
90	Keen, Josh	Gov. Simcoe	8:41.4
91	Pupo, Graham	EL Crossley	8:43.0
92	McMenamin, Marc	St. Francis	8:45.5
93	Elsheikn, Rayad	West Park	8:49.1
94	Wakuliuk, Kevin	Notre Dame	9:11.4
95	Momot, Nicholas	Notre Dame	9:18.0
96	Zamai, Claudio	St. Francis	9:36.8
97	Munnol, Marish	EL Crossley	9:39.1
	Brickman, Ryan	West Park	DNF

Event #4 JUNIOR H.S. 165 lbs. MEN

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Taylor, Stuart	Brockville CI	6:52.9
2	Jones, Matt	St. Mary's	7:00.3
3	Browne, James	U.C.C.	7:00.4
4	Lautenbach, Justin	West Park	7:00.6
5	Layard, Sam	Westdale	7:05.8
6	Heighway, Brent	London Central	7:06.0
7	Coletto Sylas	Grimsby SS	7:06.7
8	Vogelsang, Paul	City Honors	7:09.9
9	Gartner, Peter	City Honors	7:10.0
10	Draskovic, Tom	Mercyhurst Prep	7:11.0
11	Layfield, Kory	West Park	7:13.0
12	Fisher, Michael	Gov. Simcoe	7:13.7
13	Olesen, Nathan	Grimsby SS	7:16.5
14	Plesko, Daniel	Fr. Redmond HS	7:17.5
15	Bath, Justin	EL Crossley	7:19.3
16	Fast, John	Denis Morris	7:22.2
17	Kohut, Stephen	Denis Morris	7:22.5
18	Hudson, Chuck	Beal SS	7:23.1
19	Kirkey, Jason	AN Myer	7:23.8
20	Secord, Jamie	Lakeport	7:23.9
21	Hughes, James	EL Crossley	7:27.2
22	Cushnie, Ben	EL Crossley	7:27.7
23	Diplock, Tyler	EL Crossley	7:29.2
24	James, Kris	Brockville CI	7:29.3
25	Postman, David	Eden HS	7:29.5
26	Wanek-Walsh, Shaun	Westdale	7:33.1
27	Bayer, Lawrence	Holy Cross	7:35.0
28	Vriens, Matthew	Eden HS	7:35.0
30	Michaloiwicz, Adam	EL Crossley	7:41.0
31	Grose, Max	City Honors	7:41.2
32	Coxen, Jordan	Lakeport	7:41.5
33	Rosenkranz, Eric	St. Paul	7:45.7
34	Merrill, Joshua	Denis Morris	7:46.2

35	Townsend, Scott	Saunders	7:46.8
36	Macpherson, Evan	Ridley Col.	7:47.2
37	Ko, Ted	Ridley Col.	7:49.4
38	Paolone, Paul	Denis Morris	8:02.1
39	Martineck, Mike	City Honors	8:16.4

Event #5 JUNIOR H.S. 135 lbs. WOMEN

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Sisler, Laurel	Sir Winston	7:49.0
2	Dorian, Katie	Branksome Hall	7:59.9
3	Bak, Briah	Brockville CI	8:05.6
4	Meiklejohn, Alex	Branksome Hall	8:07.0
5	Rappatoni, Amy	EL Crossley	8:07.5
6	Karl, Taryn	St. Mary's	8:08.8
7	Tierney, Colleen	Mentor Col.	8:10.9
8	Sheehan, Emma	Denis Morris	8:11.2
9	Zaguire, Felicia	Sir Winston	8:11.7
10	Schwarze, Chelsea	Brockville CI	8:12.1
11	Foster, Emily	Ridley Col.	8:14.9
12	Burke, Jenna	EL Crossley	8:15.0
13	Flynn, Rachel	Denis Morris	8:15.3
14	Dougher, Meghan	Nardin Acad.	8:16.2
15	Stansfield, Jessica	St. Mary's	8:16.6
16	LaLonde, Liz	Nardin Acad.	8:17.8
17	Boon, Nicole	AB Lucas	8:21.4
18	Lewis, Phoebe	Brockville CI	8:23.0
19	McLean, Amy	Oakridge	8:23.9
20	Anthes, Fiona	Sir Winston	8:25.2
21	Gilbert, Rebecca	Grimsby SS	8:26.4
22	Stewart, Jayne	Eden HS	8:26.8
23	Primeau, Chantal	Ridley Col.	8:30.6
24	Shynal, Jesse	West Park	8:30.9
25	Szwarc, Chantal	St. Mary's	8:31.4
26	Gervais, Sapphyre	Sir Winston	8:33.5
27	Tymoszewicz, Alicia	Gov. Simcoe	8:34.2
28	Crawford, Erin	City Honors	8:34.4
29	Brusdeilins, Kailee	St. Paul	8:35.1
30	McDonnell, Taryn	City Honors	8:35.3
31	Moeller, Emily	St. Mary's	8:35.5
32	Calderwood, Hannah	EL Crossley	8:36.3
33	Corolis, Brittany	Ridley Col.	8:37.4
34	Hipwell, Kristen	Saunders	8:37.8
35	Brown, Charlotte	Gov. Simcoe	8:38.7
36	Richardson, Emily	AB Lucas	8:39.0
37	Wiens, Elizabeth	Eden HS	8:39.2
38	Whitwell, Jennifer	Denis Morris	8:39.5
39	Arcuri, Patricia	St. Paul	8:39.9
40	Kocsis, Leah	Ridley Col.	8:40.4

41	Nagle, Eryn	Nardin Acad.	8:41.1
42	Kordos, Julie	Denis Morris	8:41.4
43	Murphy, Shannon	St. Francis-Mississ.	8:41.9
44	Bellows, Erin	West Park	8:42.1
45	Tymczyozyn, Laryssa	Sir Winston	8:42.3
46	Fernandez, Nahielly	Sir Winston	8:42.9
47	Mychailyshyn, Makianna	St. Mary's	8:43.8
48	Fernandez-Blance, Katherine	Ridley Col.	8:44.0
49	Cain, Sarah	AN Myer	8:44.3
50	Cilliers, Pippa	Westdale	8:44.5
51	Hunter, Lauren	Sir Winston	8:44.6
52	Bohusz, Emily	Brockville CI	8:45.1
53	Michaud, Marie	West Park	8:46.9
54	Gouthier, Michelle	Westdale	8:47.1
55	Tulczynska, Anna	St. Mary's	8:47.3
56	Kempster, Briddget	Oakridge	8:47.4
57	Cort, Dale	Denis Morris	8:47.6
58	Mueller, Katie	Niagara Dist.	8:47.8
59	Byskov, Kate	Sir Winston	8:48.4
60	Kent, Samantha	St. Francis	8:48.6
61	Auld, Brooke	Ridley Col.	8:48.7
	Wojcik, Nicole	St. Mary's	8:48.7
63	Kritzinger, Morgan	Ridley Col.	8:49.4
64	Yee, Sarah	Sir Winston	8:49.5
65	Kelly, Sydnee	Brockville CI	8:49.6
66	Chan, Lauren	Saunders	8:50.2
67	Oldenhof, Macall	Oakridge	8:50.7
68	O'Connor, Erin	Brockville CI	8:52.2
	West, Jessica	St. Francis	8:52.2
70	Gilman, Enny	City Honors	8:52.6
71	Zubrikas, Lindsay	St. Francis	8:53.0
72	O'Brien, Jennifer	Westdale	8:53.1
73	Bertens, Amanda	Saunders	8:53.3
74	Renner, Rachel	Denis Morris	8:53.6
75	Bill, Jessica	St. Mary's	8:55.8
	McKeen, Meg	EL Crossley	8:55.8
77	Lawrence, Samantha	Westdale	8:56.2
78	Hughes, Monica	EL Crossley	8:56.8
79	Vallis, Michelle	Saunders	8:58.4
80	Martin Kelsey	Gov. Simcoe	8:58.5
81	Haggens, Hilary	EL Crossley	8:59.2
82	Dixon, Katie	AN Myer	8:59.3
83	Long, Geneva	Branksome Hall	9:00.2
84	Clarke, Ali	Westdale	9:02.8
	Sheehan, Alison	Denis Morris	9:02.8
86	Gillis, Carolyn	AN Myer	9:03.4
87	Stark, Jill	EL Crossley	9:04.2
88	Davis, Laura	Westdale	9:04.3
89	Broker, Amy	Westdale	9:04.4
90	Chan, Kelsey	Saunders	9:04.6

91	Wilson, Emma	St. Francis	9:05.9
92	Dixon, Jillian	EL Crossley	9:06.0
93	Dumas, Rachel	Denis Morris	9:06.4
94	Baxter, Alice	Ridley Col.	9:06.8
95	Jones, Natalie	Niagara Dist.	9:08.2
96	Herron, Sarah	St. Mary's	9:08.7
	Sawula, Anne-Marie	EL Crossley	9:08.7
98	Reaman, Liz	St. Francis	9:09.0
99	Fratschko, Christina	Oakridge	9:09.3
100	Palmer, Melissa	Saunders	9:10.7
101	Mowbray, LeeAnn	Jean-Vanier	9:11.0
	Weber, Tani	Westdale	9:11.0
103	Holderney, Susy	West Park	9:11.7
104	Rockwell, Alethea	Westdale	9:13.6
105	Walton, Emma	Gov. Simcoe	9:13.8
106	Ferrusi, Katlyn	Notre Dame	9:14.1
107	Ryder, Verity	Grimsby SS	9:16.4
108	Walters, Erin	St. Mary's	9:16.5
109	Kim, Yuri	Oakridge	9:17.6
110	Pallie, Hazel	West Park	9:19.3
111	Zsipsak, Laura	West Park	9:21.9
112	Kiriakopoulos, Helena	Westdale	9:22.1
113	Kallies, Michelle	Gov. Simcoe	9:25.3
114	Palmer, Allison	Saunders	9:26.3
115	Clark, Laura	Gov. Simcoe	9:27.1
116	Kroll, Kimberly	City Honors	9:28.8
117	Greenberg, Johanna	Westdale	9:30.8
118	Luhowy, Alana	Niagara Dist.	9:33.6
119	Wiens, Kathryn	EL Crossley	9:35.7
120	Lessard, Gilliam	Jean-Vanier	9:37.7
121	Tufford, Jazmine	Lakeport	9:42.7
122	Link, Katelynn	West Park	9:46.1
123	Kowlessar, Kayla	Saunders	9:47.6
124	Major, Alexa	St. Christopher	9:48.8
125	McDowell, Jennifer	Oakridge	10:02.1
126	Macdonald, Frannie	St. Francis	10:05.3
127	Finora, Amy	St. Francis	10:08.8
128	Almeida, Esmeralda	St. Francis	10:14.0
129	Dupuis, Nicole	St. Francis	10:40.0
130	Vanderzwaag, Katie	St. Francis	10:51.7

Event #6 JUNIOR H.S. 145 lbs. WOMEN

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Makken, Veronica	EL Crossley	7:45.8
2	Falovo, Kristin	Denis Morris	7:50.4
3	Cowal, Laura	Denis Morris	7:54.9
4	Puhach, Alley	West Park	7:58.5
5	Mulcahy, Rachael	Brockville CI	7:58.6

6	Ellis, Brittany	St. Francis	8:02.0
7	Ronald, Brittany	Sir Winston	8:04.3
8	Mahoney, Megan	Nardin Acad	8:05.7
9	VanBerkel, Julie	St. Mary's	8:05.8
10	Wiley, Sarah	Eden HS	8:06.0
11	Poetschke, Alex	Saunders	8:18.8
12	Pidgeon, Sarah	Twin Lakes	8:19.9
13	Labatte, Brittany	Holy Cross	8:21.3
14	Shaver, Kristen	Gov. Simcoe	8:21.7
15	Nichol, Kayleigh	Saunders	8:22.6
16	Gaudet, Jessica	Notre Dame	8:25.2
17	Lancaster, Michaelena	Mercyhurst Prep.	8:25.4
18	Britton, Alex	Adam Scott	8:26.9
19	Wegrzyn, Kasia	London Central	8:27.3
20	Flores, Jennifer	Ridley Col.	8:29.1
21	Bush, Erica	Gov. Simcoe	8:31.1
22	Scott, Dayna	Sir Winston	8:32.8
23	Micsinszki, Sam	Sir Winston	8:36.3
24	Fenwick, Katelyn	West Park	8:36.6
	Thomas-Bojin, Jenny	Adam Scott	8:36.6
26	Sebert, Marnie	Lakeport	8:37.2
27	Cunningham, Kaitlin	City Honors	8:39.6
28	House, Erin	SWC	8:41.1
29	Felice, Christina	Denis Morris	8:42.6
30	Finley, Samantha	Sir Winston	8:45.7
31	Scales, Kelsey	St. Francis	8:46.1
32	Juliani, Alexandra	St. Paul	8:47.0
33	Carmody, Erica	St. Christopher	8:48.1
34	Fraser, Shana	Holy Cross	8:55.9
35	Langille, Caitlyn	St. Mary's	9:01.6
36	George, Amanda Mae	St. Paul	9:13.3
37	Rodrigues, Andrea	Westdale	9:13.3
38	Palmer, Shannon	Saunders	9:19.5
39	Prigionero, Alyssa	London Central	9:21.6
40	Cornelius, Alyssa	Sir Winston	9:21.8
41	Pym, Nicole	Sir Winston	9:26.2
42	Barrick, Brianne	Notre Dame	9:29.5
	Beyer, Elizabeth	Grimsby SS	DNF
	La Selva, Carmel	St. Frances	DNF

Event #7 MASTER MEN (30 years +)

	<u>Name</u>	<u>Club</u>	<u>Real Time</u>	<u>Adjusted Time</u>
1	Krawec, Walt (54)	Lakeport RC	6:31.4	6:08.8
2	Ingraham, Bill (61)	Owen Sound RC	6:53.8	6:11.8
3	Peterson, Marc (55)	West Side RC	6:39.7	6:14.7
4	Martens, Phillip (32)	London RC	6:25.3	6:25.3
5	Murphy, John B (62)	London RC	7:13.1	6:27.6
6	Pieneman, Ernie (45)	Ridley Graduate BC	6:33.9	6:27.9
7	Okens, Peter (66) Lt	Don RC	7:37.9	6:36.9

8	Brown, David (37)	unaffiliated	6:38.8	6:38.8
9	Giampietri, Marc (32)	St. Christopher	6:42.3	6:42.3
10	Walicki, Robert (43)	St. Christopher	6:56.8	6:52.8
11	Toffolo, Mario (57)	White Oaks	7:24.1	6:54.1
12	Molloy, George (63)	unaffiliated	7:45.9	6:56.9
13	Trapp, Rick (50)	unaffiliated	7:18.3	7:05.8
14	Tebbutt, Dan (43)	St. Catharines	7:11.4	7:07.4
15	Stoddart, Don (48)	Unaffiliated	7:18.5	7:09.5
16	Lukas, Tom (56)	White Oaks	7:37.5	7:10.0
17	Abbott, Dr. Dave (54)	unaffiliated	7:44.3	7:21.8
18	Neal, Samuel (55 Lt)	Unaffiliated-ltw	7:54.1	7:29.1
19	Bonning, Daniel (31)	unaffiliated	7:47.2	7:47.2
20	Theal, John (30)	Unaffiliated	7:54.8	7:54.8
21	Andrews, Terry (45)	So. Niagara RC	8:06.1	8:00.1
	Pauls, John (50)	Ridley Grad BC - ltw		DNF

30-39 Age Winner

Martens, Philip (32)

40-49 Age Winner

Pieneman, Ernest (45)

50-59 Age Winner

Krawec, Walt (54)

60-69 Age Winner

Ingraham, Bill (61)

Lightweight Winner

Oakens, Peter (66 Lt)

Event #8 MASTER WOMEN (30 years +)

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>	<u>Time</u>
1	Drewry, Cynthia (43)	Don RC	7:16.6	7:12.6
2	Carter, Diane (45 Lt)	Barrie RC - Ltw	7:38.1	7:32.1
3	Makken, Arendina (35)	Unaffiliated	7:41.9	7:41.9
4	Driver, Julie (37)	Cambridge RC	7:57.5	7:57.5
5	Pidgeon, Barb (49)	Orillia RC	8:12.6	8:02.6
6	Denton, Debra (48 Lt)	Unaffiliated -Ltw	8:22.8	8:13.8
7	Taraborrelli, Carole (40)	St. Christopher	8:16.9	8:15.9
8	Farmer, Shirley (62 Lt)	Unaffiliated - Ltw	9:09.7	8:24.2
9	Doran, Barb (37)	Quinte RC	8:24.7	8:24.7
10	Manca-Mangoff, Antonela (49)	CMEC	9:04.9	8:54.9
11	Castel-Branco, Chantal (42 Lt)	CMEC - Ltw	9:39.5	9:36.5

30-39 Age Winner

Makken, Arendina (35)

40-49 Age Winner

Drewry, Cynthia (43)

60-69 Age Winner

Farmer, Shirley (62 Lt)

Lightweight Winner

Carter, Diane (45 Lt)

Event #9 SENIOR H.S. 150 lbs. MEN (born 1986 or later)

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Reece, Trevor	Notre Dame	6:36.9 New Ont. Record
2.	Pupo, Greg	EL Crossley	6:45.0
3.	Hoculik, Mark	Gov. Simcoe	6:54.1
4.	Koch, Andrew	Gov. Simcoe	6:56.9
5.	Byrne Rodgers, Jorlath	U.C.C.	6:58.5
6.	Morris, Bradley	Hillfield Strath.	6:58.7

7.	Ishida, Shunichiro	Ridley Col.	7:00.2
8.	Lancaster, Rob	Ridley Coll	7:01.2
9.	Ratkovsky, Nathan	Ridley Col.	7:04.3
10.	Connolly, Ben	Hillfield-Strath.	7:04.6
11.	Holland, Alex	U.C.C.	7:04.8
12.	Lee, Calvin	U.C.C.	7:06.4
13.	Campbell, Scott	Holy Cross	7:07.4
14.	Kasowski, Mark	Holy Cross	7:07.6
15.	Alexander, Taylor	EL Crossley	7:07.9
16.	Rintjema, Chris	Grimsby SS	7:08.6
17.	Gray-Donald, David	U.C.C.	7:09.2
18.	Pickard, David	Ridley Col.	7:09.2
19.	Cushnie, Jake	EL Crossley	7:10.1
20.	McLean, Frazer	Gov. Simcoe	7:10.9
21.	Plug, Zach	Denis Morris	7:11.5
22.	Cameron, Andrew	Gov. Simcoe	7:12.9
23.	St Pierre, Darren	EL Crossley	7:14.6
24.	McCurdy, James	U.C.C.	7:15.1
25.	Coffey, Brendan	EL Crossley	7:17.6
26.	Donne, Matt	U.C.C.	7:18.5
27.	Lucuik, Ian	Gov. Simcoe	7:18.6
28.	Nowak, Andy	Mercyhurst Prep.	7:18.9
29.	Jones, Eric	Westdale	7:19.9
30.	Oates, David Luke	London Central	7:21.0
31.	Kavai, Peter	Denis Moris	7:23.4
32.	Lake, Brian	Holy Cross	7:24.7
33.	Abercrombie, Andrew	U.C.C.	7:26.8
34.	McClinchey, Travis	Gov. Simcoe	7:28.3
35.	Lowell, Alex	Grimsby SS	7:28.9
36.	Schenck, Matt	St. Francis	7:29.4
37.	Yim, Jonathan	U.C.C.	7:30.4
38.	Matsumoto, Naoki	Ridley Col.	7:30.6
39.	Ryerse, Nick	Simcoe Comp.	7:33.1
40.	McCumber, Kyle	Gov. Simcoe	7:33.9
41.	Phelan, Mark	U.C.C.	7:35.2
42.	Letwin, John	Grimsby SS	7:35.9
43.	Kulig, Dan	St. Christopher	7:36.0
44.	Batey, Bradley	Grimsby SS	7:39.0
45.	Watt-Meyer, Oliver	U.C.C.	7:40.6
46.	Tarnoy, Marcus	Niagara Dist.	7:43.1
47.	Haviland, Tim	Holy Trinity	7:44.2
48.	Dean, Michael	Westdale	7:51.0
49.	Scott, Eric	Sir Winston	7:52.5
50.	Martin, Roger	Sir Winston	7:54.1
51.	St-Amour, Rene	Jean-Vanier	8:19.1
	DiBenedetto, Jesse	EL Crossley	DNF

Event #10 SENIOR H.S. 165 lbs. MEN

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
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1	Ensslen, Dan	Eden HS	6:32.3
2	Barr, John	Eden HS	6:36.7
3	Clout, Dan	Gov. Simcoe	6:38.9
4	Pollack, John	K.C.V.I.	6:46.1
5	Sirionni, Antonie	Canisus HS	6:47.8
6	Karantjas, Gabriel	Lawrence Park	6:49.0
	Goldman, Simon	U.C.C.	6:49.0
8	Lukasiewicz, Adam	U.C.C.	6:51.6
9	Downie, Daniel	EL Crossley	6:55.3
10	Halycia, Gabriel	Gov. Simcoe	6:55.9
11	King, Travis	Grimsby SS	6:57.7
12	Chiu, Aaron	U.C.C.	6:58.6
13	deJong, Kyle	Gov. Simcoe	6:59.2
14	Thompson, Myles	Ridley Col.	6:59.9
15	Litke, Matt	West Park	7:02.8
16	Huurman, Mike	St. Paul	7:04.9
17	Pigeon, Daniel	Jean-Vanier	7:06.1
18	Ducroix, Steve	Gov. Simcoe	7:06.9
19	Pauly, Reid	U.C.C.	7:07.8
20	Lostracco, Mark	Denis Morris	7:10.2
21	Cruickshank, Chris	Ridley Col.	7:10.4
22	Welland, Andrew	Hillfield Strathallan	7:13.3
23	Zapatochny, Stephen	Westdale	7:13.7
24	Bobicic, Nikola	Scarlett Hts	7:14.2
25	O'Hearn, Patrick	Sir Winston	7:14.8
26	Richardson, Paul	West Park	7:15.7
27	Bush, Jim	City Honors	7:16.7
28	Pettigrew, Jeff	Gov. Simcoe	7:17.1
29	Vanos, Greg	Saunders	7:17.2
30	Stansfield, Zach	St. Mary's	7:18.8
31	Brown, Nathan	Holy Cross	7:19.0
32	Fenwick, Reid	West Park	7:20.2
33	Schenck, Patrick	Denis Morris	7:20.4
34	Roessner, Peter	Gov. Simcoe	7:20.5
35	Queck, Pat	Westdale	7:21.3
36	German, Mark	Westdale	7:23.8
37	Huxley, Andrew	Westdale	7:28.3
38	Alazam, Nabeil	Sir Winston	7:32.7
39	Miller, Keith	Westdale	7:33.0
40	Zamai, Alessandro	St. Francis	7:38.4
41	Stevensn-Hastings, Kiernan	AB Lucas	7:45.7
42	Galati, Jesse	Niagara Dist.	7:57.7

Event #11 SENIOR H.S. 135 lbs. WOMEN

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Sawula, Heather	EL Crossley	7:45.6
2	Chown, Sarah	Sir Winston	7:49.5
3	Preston, Christie	Branksome Hall	7:53.7
4	Owens, Joanna	Gov. Simcoe	7:54.0

5	Sisler, Julia	Sir Winston	7:55.5
6	VanBaalén, Shannan	EL Crossley	7:56.3
7	Nay, Kate	Sir Winston	7:56.8
8	Gough, Nicole	Sir Winston	7:59.2
9	Southall-Millward, Jessica	Westdale	8:05.3
10	Leyenhorst, Nicole	Eden HS	8:05.9
11	Stratton, Cate	Ridley Col.	8:06.8
12	Senita, Julie	Mercyhurst Prep.	8:10.6
13	Damiano, Deanna	West Park	8:14.9
14	Pitek, Mary	City Honors	8:15.0
15	Wright, Sarah	Sir Winston	8:15.4
16	Anderson, Heather	Holy Cross	8:15.6
17	Kok, Jennifer	Eden HS	8:16.7
18	Holdsworth, Tiffany	Oakridge	8:17.9
19	Witt, Jenn	St. Mary's	8:18.0
20	Johnson, Leanne	EL Crossley	8:18.8
21	Stranges, Marcela	Notre Dame	8:22.9
22	Stoddart, Alexandra	Holy Cross	8:24.3
23	Jones, Marcella	Niagara Dist.	8:26.4
24	Muratori, Joanna	Sir Winston	8:26.8
25	Hinan, Katie	Ridley Col.	8:27.2
26	Miele, Teresa	Holy Cross	8:27.7
27	Stavenow, Julie	West Park	8:29.1
28	Kerr, Stacey	EL Crossley	8:29.4
29	Janzen, Janalla	Eden HS	8:29.6
30	Thomas, Allison	Sir Winston	8:30.9
31	Sidey, Jacqueline	Jean-Vanier	8:32.7
32	Fisher, Danielle	Saunders	8:32.9
33	Barton, Jessica	AN Myer	8:33.1
34	Skinner, Shannon	South Sec.	8:33.2
35	Gage, Alessandra	Westdale	8:33.3
36	Dickenson, Lauren	St. Paul	8:33.4
37	Tymoszewicz, Shelly	Gov. Simcoe	8:33.5
38	Tatzel, Alexandra	Notre Dame	8:34.0
39	McCann, Lauren	Ridley Col.	8:34.6
40	Mychailyshyn, Nadia	St. Mary's	8:35.5
41	Papaz, Ilinia	Westdale	8:37.9
42	Milne, Christine	West Park	8:41.4
43	Scriven, Mallory	West Park	8:41.6
44	Kremble, Andrea	Holy Cross	8:45.8
45	Rychman, Alicia	Grimsby SS	8:46.0
46	Murdoch, Amanda	Westdale	8:47.5
47	Hanafieh, Amira	Adam Scott	8:50.5
48	Harcombe, Rebecca	Sir Winston	8:56.0
49	MacTavish, Sandra	AN Myer	8:56.6
50	Capredoni, Leslie	Holy Cross	8:57.1
51	Gomez, Estefania	Sir Winston	9:02.7
52	St-Amour, Manye	Jean-Vanier	9:03.2
	Pammett, Megan	Adam Scott	DNF

Event #12 SENIOR H.S. 145 lbs. WOMEN

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	VanderMaarel Jen	Eden HS	7:34.4
2	Lyons, Karly	Denis Morris	7:36.8
3	Pauls, Jordynn	Sir Winston	7:46.4
4	Ardiel, Anna	Simcoe Comp.	7:48.2
5	Sferrazza, Lindsay	West Park	7:52.7
6	Kozub, Chelsey	West Park	7:53.7
7	Hilmert, Cathy	Mercyhurst Prep.	7:54.4
8	Waugh, Emily	St. Mary's	7:58.2
9	Williamson, Kate	Denis Morris	7:59.1
10	Huddleston, Allie	St. Mary's	8:00.5
11	Bak, Heather	Brockville CI	8:01.2
12	Consky, Elizabeth	Ridley Col.	8:03.2
13	Grant, Natalie	No. Toronto CI	8:05.6
14	Bayley, Kara	Gov Simcoe	8:06.0
15	Pollard, Becca	Mercyhurst Prep.	8:07.3
16	Miskell, Stephanie	Nardin Acad.	8:07.5
17	Crawford, Riley	Grimsby SS	8:07.6
	Reitinger, Laura	Mercyhurst Prep.	8:07.6
19	Wilson, Elizabeth	AN Myer	8:10.7
20	Kuhn, Nickie	Mercyhurst Prep.	8:11.6
21	Adshead, Katrina	St. Cath CI	8:14.2
	Wiens, Stephanie	Eden HS	8:14.2
23	Ventresca, Jenna	EL Crossley	8:14.7
24	Funovity, Devin	West Park	8:15.3
25	Daetsch, Megan	Nardin Acad.	8:15.4
26	Evans, Jill	Ridley Col.	8:17.4
27	Hudson, Candra	Gov. Simcoe	8:19.3
28	Lysko, Meghan	Brockville CI	8:19.8
29	Boutin, Mandee	St. Paul	8:22.1
30	Janzen, Shannon	West Park	8:23.8
	Jaski, Jenna	Ridley Col.	8:23.8
32	Kramer, Ashley	Nardin Acad.	8:24.7
33	Robbins, Jenn	Thorold	8:25.0
34	Corkery, C. Anne	St. Peters Sec.	8:27.4
35	Burgess, Amanda	St. Cath CI	8:30.8
36	Mussa, Farzana	AN Myer	8:32.9
37	Anderson, Helen	St. Paul	8:33.7
38	Bruni, Carissa	Notre Dame	8:37.6
39	Parmington, Katie	City Honors	8:52.0

Event #13 - SENIOR H.S. WOMEN (born 1986 or later)

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Craig, Sarah	Sir Winston	7:12.2
2	Kane, Virginia	South Sec.	7:23.3
3	Strzalkowski, Kate	St. Cath. CI	7:24.2
4	Wilson, Katie	Gov. Simcoe	7:27.1

5	Kelly, Kristin	Brockville CI	7:27.2
6	Lewis, Erica	AB Lucas	7:33.2
7	Holmes, Ashley	Adam Scott	7:34.4
8	Shishkov, Alexandra	Lorne Park	7:34.8
9	Macpherson, Chelsea	Ridley Col.	7:36.6
10	Cers, Laura	St. Mary's	7:37.7
11	Fisher, Laura	Holy Trinity	7:39.8
12	Van Aken, Karalyn	Denis Morris	7:40.7
13	Cronkite, Kelsey	Mercyhurst Prep.	7:42.2
14	Tacinelli, Jessica	Denis Morris	7:43.3
	VanZeyl, Liz	EL Crossley	7:43.3
16	Pichelli, Alessandra	Notre Dame	7:44.2
17	Ertelt, Tanya	Gov. Simcoe	7:45.2
18	Traynor, Kelly	Westdale	7:45.3
19	Rickers, Kate	Ridley Col.	7:47.1
20	Tucker, Megan	Martingrove CI	7:50.0
21	Bussi, Brittany	Denis Morris	7:52.7
22	Vantygghem, Tara	Glendale HS	7:53.3
23	MacKeigan, Amanda	Brockville CI	7:53.5
24	Sexton, Lauren	St. Paul	7:53.8
25	Nedilsky, Monica	EL Crossley	7:56.1
26	Rye, Melissa	St. Francis	7:56.8
27	Wegener, Sara	Sir Winston	7:57.3
28	DiCosimo, Melina	St. Paul	7:57.7
29	Fawcett, Sarah	Sir Winston	7:58.4
30	Morrone, Krystina	West Park	7:58.5
31	Foster, Kathleen	Saunders	7:58.9
32	Carlisle, Ellen	Bayside SS	7:59.8
33	Sharpe, Alana	Grimsby SS	8:01.6
34	Belanger, Lesley	Brockville CI	8:04.7
35	McCarthy, Erin	Nardin Acad.	8:05.1
36	Ziegler, Nicole	Westdale	8:05.3
37	Cox, Caitlin	St. Cath CI	8:05.8
38	Turcote-Novsedlik, Max	Sir Winston	8:05.9
39	Harrison, Ali	Gov. Simcoe	8:07.1
40	MacKay, Krystyna	Sir Winston	8:09.3
41	Gittings, Elizabeth	Oakville Trafalgar	8:10.2
42	Speller, Abigail	Westdale	8:10.9
43	Cantar, Leslie	Westdale	8:12.8
44	Ludwig, Caitlin	Nardin Acad.	8:13.0
45	Kupsch, Sarah	Sir Winston	8:14.8
	McGorry, Erin	Nardin Acad.	8:14.8
47	Harris, Beth	Westdale	8:15.7
48	Bushby, Chelsea	Notre Dame	8:17.7
49	Trapp, Hayley	Brockville CI	8:23.3
50	Lockhart, Helen	Glendale HS	8:23.5
51	Martin, Barb	South Sec	8:24.2
52	Forstinger, Jen	St. Francis	8:24.5
53	Gabriel, Caitlin	Sir Winston	8:25.7
54	Shaver, Marissa	Gov. Simcoe	8:27.2
55	Kerton, Meaghan	London Central	8:29.6

56	Duguay, Jocelyn	West Park	8:34.2
57	Maxfield, Erin	Adam Scott	8:34.7
58	Christoff, Casey	Westdale	8:37.7
59	Crump, Maegan	Grimsby	8:40.4
60	Skinner, Meaghan	South Sec.	8:54.0
61	Cox, Lindsey	Victoria Park	9:02.0

Event #14 - SENIOR H.S. MEN (born 1986 or later)

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Seymour, Gareth	Ridley Col.	6:18.4
2	Haines, Mitch	Gov. Simcoe	6:22.6
3	Zaniewski, Christopher	Bishop Allan Acad.	6:31.1
4	Gracin, Joshua	EL Crossley	6:31.5
5	Bouhyzen-Wenger, Garret	Grimsby SS	6:32.2
6	Boyd, Kurtis	Brockville CI	6:34.5
7	Odell, Ron	Eden HS	6:34.9
8	Joyce, Richard	Peterborough CI	6:38.5
9	deRaaf, Rob	Gov. Simcoe	6:38.9
10	Looyestein, Joshua	Lakeport	6:39.9
11	Thomasen, Jake	Westdale	6:40.9
12	Hodge, Alex	Brockville CI	6:42.0
13	Campbell, Brandon	EL Crossley	6:42.6
14	Flight, Michael	EL Crossley	6:42.8
15	Foster, Graham	Saunders	6:43.9
16	Smith, Dan	Eden HS	6:44.6
17	Kyle, Ben	St. Paul	6:46.4
18	Rosely, Jordan	Ridley Col.	6:46.6
19	Nickel, Kyle	EL Crossley	6:47.3
20	Chalmers, Ian	Gov. Simcoe	6:48.1
21	Eick, Lukas	Ridley Col.	6:48.4
	Heighway, Mitchell	London Central	6:48.4
23	Smith, Steve	West Park	6:48.5
24	Mackenzie, Alec	Ridley Col.	6:48.6
25	Davidson, Michael	Adam Scott	6:49.4
26	Brewer, Spencer	Westdale	6:49.8
27	Sartor, Jordan	Gordon Graydon	6:50.2
28	Andronev, Chris	Holy Cross	6:52.8
29	Emslie, Matt	Holy Cross	6:54.7
30	Reynolds, Jon	Denis Morris	6:55.2
31	Izzo, Andrew	City Honors	6:55.8
32	Pennachetti, Adrian	Ridley Col.	6:56.9
33	Morley, Thomas	Holy Cross	6:57.0
34	Hammond, Paul	London Central	6:57.8
35	Izzo, Allen	City Honors	6:58.2
36	Smith, Sean	West Park	6:58.9
37	Martin, Owen	Grimsby SS	7:03.9
38	Kennedy, Fraser	Denis Morris	7:07.1
39	Kramer, Andrew	Grimsby SS	7:09.5

40	Clarke, Evan	Ridley Col.	7:09.8
41	Goertzen, Alex	Niagara Dist.	7:12.3
42	Derwinsky, James	EL Crossley	7:17.5
43	Christian, Jaime	London Central	7:19.1
44	Tchijov, Alex	Ridley Col.	7:19.6
45	Coyne, Francis	City Honors	7:19.7
46	Amadio, Greg	Ridley Col.	7:21.7
47	Jones, Chas	Oakridge	7:22.1
48	Keddie, Ryan	London Central	7:23.3
49	Cohen, Mike	Sir Winston	7:24.4
50	Phelan, Nick	St. Christopher	7:26.6
51	Cain, Nathan	London Central	7:27.1
52	Lundy, James	Niagara Dist.	7:29.7
53	Wood, John	AB Lucas	7:29.8
54	Oseroff, Ben	City Honors	7:36.2
55	Lillie, Isaac	Niagara Dist.	7:39.4
56	Green, Campbell	City Honors	7:45.3
57	VanBrenik, Brennon	Saunders	7:45.8

Event #15 - OPEN LTWT 165 lbs. MEN

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	Norton, Adam	Don RC	6:38.8
2	Sylvester, Cameron	U.W.O.	6:40.9
3	Metcalf, Josh	Queens U.	6:42.7
4	Roos, Dominik	McMaster U.	6:45.5
5	Zeitz, Jeff	Brock Univ.	6:46.2
6	Demeo, Matt	U.W.O.	6:45.6
7	Gordon, Devin	U.W.O.	6:47.2
8	Schwarz, Shaun	U.W.O.	7:01.1
9	Stockdale, Liam	McMaster U	7:07.5
10	Forezli, Matt	U.W.O.	7:09.6
11	Theoret, Eric	U.W.O.	7:14.1
12	Leikermoser, Paul	U T-Mississauga	7:19.6

Event #16 - OPEN LTWT 135 lbs. WOMEN

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	Carrier, Allison	Brock Univ.	7:47.3
2	Chrea, Bopha	UWO	7:49.8
3	Dayboll, Connie	Queen Univ.	7:55.2
4	Kerkhof, Lisa	London RC	7:56.1
5	Deery, Eileen	U. W.O.	8:01.9
6	Cooper, Nadine	McMaster U.	8:02.0
7	Serr, Adrienne	Ryerson U	8:04.5
8	Sauks, Jennifer	U. of Toronto	8:12.9
9	Jessup, Renee	U.W.O.	8:16.3
10	Aubin, Sarah	U.W.O.	8:17.2
11	Thompson, Darcy	U. of Toronto	8:20.9

12	Booth, Laura	U. W. O.	8:25.3
13	Austin, Thea	U.T - Mississauga	8:35.1
14	Roe, Rebecca	McMaster U.	9:09.2

Event #17 - OPEN HEAVY WOMEN

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	Hyslop, Peggy	Bayside RC	7:02.1
2	Lagzdins, Larissa	Brock Univ.	7:12.7
3	Hazell, Carolyn	U. of Toronto	7:15.6
4	Crawley, Cathy	U. of Toronto	7:17.8
5	Beyer, Meaghan	McMaster U.	7:32.4
6	McCord, Elizabeth	Queens U.	7:33.0
7	Abbott, Melanie	Brock Univ.	7:35.6
8	Albers, Renee	unaffiliated	7:44.9
9	McMillan, Heather	U.W.O.	7:46.8
10	Love, Robin	U. of Toronto	7:47.6
11	McCormick, Elise	McMaster U.	7:48.4
12	Sobie, Melissa	MacMaster U.	7:54.4
13	Coles, Robyn	U. of Toronto	7:54.8
14	Brown, Jackie	U. of Toronto	7:56.6
15	Abromaitis, Audra	McMaster U.	7:57.6
16	Kalechstein, Sara	U. of Toronto	8:00.5
17	Bunnik, Victoria	U. of Toronto	8:03.6
18	Coleman, Emily	Argonaut RC	8:07.0
19	Giles, Erin	McMaster U.	8:12.5
20	English, Roanne	U.W.O.	8:15.2
21	MacDonald, Kathryn	U.W.O.	8:15.4
22	Seames, Becky	Quinte RC	8:18.6
23	Kuntz, Sarah	McMaster U.	8:19.3
24	Katrone, Kathryn	U.W.O.	8:32.9
25	Lazarski, Susan	U.W.O.	8:34.5

Event #18 - OPEN HEAVY MEN

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1	Swick, Matt	Ridley Grad. BC	5:59.4
2	Glover, Scott	Brock U.	6:14.0
3	Csima, Doug	McMaster U.	6:17.4
4	Lausberg, Matt	Don RC	6:18.5
5	Batey, Brandon	St. Catharines RC	6:27.5
6	Colson, Tim	U.W.O.	6:34.7
7	Koch, Kevin	Niagara Coll.	6:36.6
8	Karpenko, Greg	Island Lake RC	6:44.3
9	McLean, Pete	U.W.O.	6:47.7
10	Garforth, Michael	Cambridge RC	6:50.0
11	Arthurs, James	U.W.O.	6:54.9
12	VanSeggelen, Andrew	McMaster U.	7:08.7
13	Samjoo, Imy	McMaster U.	7:35.3